



ਰਾਜ ਵਿੱਦਿਅਕ ਖੋਜ ਅਤੇ ਸਿਖਲਾਈ ਪ੍ਰੀਸ਼ਦ, ਪੰਜਾਬ

ਪੀ.ਐਸ.ਈ.ਬੀ.ਕੰਪਲੈਕਸ, ਵਿੱਦਿਆ ਭਵਨ, ਬਲਾਕ ਈ, ਛੇਵੀਂ ਮੰਜ਼ਿਲ, ਫੇਜ਼-8, ਮੋਹਾਲੀ

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ਵੱਲ

ਸਮੂਹ ਜ਼ਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ (ਸੈ.ਸਿੱ.),
ਪੰਜਾਬ।

ਮੀਮੇ ਨੰ: 835417/84

ਮਿਤੀ: ਅਪ੍ਰੈਲ 01, 2026

ਵਿਸ਼ਾ: ਵਿਦਿਅਕ ਸੰਸਥਾਵਾਂ ਵਿੱਚ ਨਸ਼ਾਖੇਰੀ ਨੂੰ ਰੋਕਣ ਲਈ ਤਿੰਨ ਸਾਲਾ ਐਕਸ਼ਨ ਪਲਾਨ (2026-2029) ਨੂੰ ਲਾਗੂ ਕਰਨ ਸਬੰਧੀ।

ਹਵਾਲਾ: ਭਾਰਤ ਸਰਕਾਰ ਦੇ ਗ੍ਰਹਿ ਮੰਤਰਾਲੇ ਅਤੇ ਸਕੂਲ ਸਿੱਖਿਆ ਤੇ ਸਾਖਰਤਾ ਵਿਭਾਗ ਦਾ ਸਾਂਝਾ ਪੱਤਰ (D.O. No. 28-1/2026-PACE-Part(1))।

ਉਪਰੋਕਤ ਵਿਸ਼ੇ ਦੇ ਸਬੰਧ ਵਿੱਚ ਆਪ ਨੂੰ ਲਿਖਿਆ ਜਾਂਦਾ ਹੈ ਕਿ ਰਾਜ ਦੇ ਸਮੂਹ ਸਰਕਾਰੀ ਅਤੇ ਪ੍ਰਾਈਵੇਟ ਸਕੂਲਾਂ ਵਿੱਚ ਨਸ਼ਾ ਮੁਕਤ ਮਾਹੌਲ ਸਿਰਜਣ ਲਈ ਸਰਕਾਰ ਵੱਲੋਂ ਇੱਕ ਵਿਸ਼ੇਸ਼ ਤਿੰਨ ਸਾਲਾ ਐਕਸ਼ਨ ਪਲਾਨ (2026-2029) ਤਿਆਰ ਕੀਤਾ ਗਿਆ ਹੈ। ਇਸ ਮੁਹਿੰਮ ਦਾ ਮੁੱਖ ਉਦੇਸ਼ ਸਾਲ 2029 ਤੱਕ ਭਾਰਤ ਨੂੰ 'ਨਸ਼ਾ ਮੁਕਤ' ਬਣਾਉਣਾ ਹੈ।

ਇਸ ਐਕਸ਼ਨ ਪਲਾਨ ਤਹਿਤ ਹੇਠ ਲਿਖੇ ਅਹਿਮ ਕਦਮ ਤੁਰੰਤ ਪ੍ਰਭਾਵ ਨਾਲ ਚੁੱਕੇ ਜਾਣੇ ਯਕੀਨੀ ਬਣਾਏ ਜਾਣ:

1. **ਡਰੱਗ-ਫ੍ਰੀ ਜ਼ੋਨ:** ਸਕੂਲਾਂ ਦੇ 500 ਮੀਟਰ ਦੇ ਘੇਰੇ ਵਾਲੇ ਇਲਾਕੇ ਨੂੰ 'ਡਰੱਗ-ਫ੍ਰੀ ਜ਼ੋਨ' ਘੋਸ਼ਿਤ ਕੀਤਾ ਜਾਵੇ ਅਤੇ ਇਸ ਸਬੰਧੀ ਬੋਰਡ ਲਗਾਏ ਜਾਣ।
2. **ਰਿਪੋਰਟਿੰਗ ਵਿਧੀ:** ਜੇਕਰ ਸਕੂਲ ਦੇ ਆਲੇ-ਦੁਆਲੇ ਨਸ਼ਿਆਂ ਸਬੰਧੀ ਕਿਸੇ ਨਿਯਮ ਦੀ ਉਲੰਘਣਾ ਹੁੰਦੀ ਹੈ, ਤਾਂ ਸਕੂਲ ਮੁਖੀ ਜਾਂ ਨੇਡਲ ਅਧਿਆਪਕ ਵੱਲੋਂ ਤੁਰੰਤ ਸਥਾਨਕ ਪੁਲਿਸ ਜਾਂ ਸਬੰਧਤ ਪ੍ਰਸ਼ਾਸਨ ਨੂੰ ਸੂਚਿਤ ਕਰਨਾ ਲਾਜ਼ਮੀ ਹੋਵੇਗਾ।
3. **ਜਾਗਰੂਕਤਾ ਮੁਹਿੰਮ:** ਵਿਦਿਆਰਥੀਆਂ ਅਤੇ ਅਧਿਆਪਕਾਂ ਲਈ ਵਿਸ਼ੇਸ਼ ਜਾਗਰੂਕਤਾ ਪ੍ਰੋਗਰਾਮ ਉਲੀਕੇ ਜਾਣ। ਸਕੂਲਾਂ ਵਿੱਚ ਨਸ਼ਿਆਂ ਦੇ ਮਾੜੇ ਪ੍ਰਭਾਵਾਂ ਬਾਰੇ ਪੋਸਟਰ ਅਤੇ ਸਾਈਨੇਜ ਬੋਰਡ ਲਗਾਏ ਜਾਣ।
4. **ਨੇਡਲ ਅਫਸਰਾਂ ਦੀ ਨਿਯੁਕਤੀ:** ਇਸ ਮੁਹਿੰਮ ਦੇ ਪ੍ਰਭਾਵਸ਼ਾਲੀ ਤਾਲਮੇਲ ਲਈ ਜ਼ਿਲ੍ਹਾ ਪੱਧਰ 'ਤੇ ਨਾਮਜ਼ਦ ਕੀਤੇ ਸਮਰਪਿਤ ਨੇਡਲ ਅਫਸਰ ਦੀ ਡਿਊਟੀ ਲਗਾਈ ਜਾਵੇ।
5. **ਸਮਾਂ ਸੀਮਾ:** ਇਹ ਮੁਹਿੰਮ 31 ਮਾਰਚ, 2026 ਤੋਂ ਸ਼ੁਰੂ ਹੋਵੇਗੀ।

ਸਮੂਹ ਜ਼ਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰਾਂ ਨੂੰ ਹਦਾਇਤ ਕੀਤੀ ਜਾਂਦੀ ਹੈ ਕਿ ਉਹ ਆਪਣੇ ਅਧੀਨ ਆਉਂਦੇ ਸਮੂਹ ਸਰਕਾਰੀ ਅਤੇ ਪ੍ਰਾਈਵੇਟ ਸਕੂਲਾਂ ਵਿੱਚ ਇਸ ਐਕਸ਼ਨ ਪਲਾਨ ਨੂੰ ਸਖ਼ਤੀ ਨਾਲ ਲਾਗੂ ਕਰਵਾਉਣ। ਇਸ ਸਬੰਧੀ ਕੀਤੀ ਗਈ ਕਾਰਵਾਈ ਦੀ ਪ੍ਰਗਤੀ ਰਿਪੋਰਟ ਸਮੇਂ-ਸਮੇਂ 'ਤੇ ਇਸ ਦਫ਼ਤਰ ਨੂੰ ਭੇਜਣੀ ਯਕੀਨੀ ਬਣਾਈ ਜਾਵੇ।

ਨੱਥੀ: ਹਵਾਲਾ ਅਧੀਨ ਪੱਤਰ।

ਕਿਰਨ ਸ਼ਰਮਾ ਪੀ.ਸੀ.ਐਸ
ਡਾਇਰੈਕਟਰ, ਐਸ.ਸੀ.ਈ.ਆਰ.ਟੀ.
ਪੰਜਾਬ।

ਮਿਤੀ: ਅਪ੍ਰੈਲ 01, 2026

ਪਿੱਠ ਅੰਕਣ ਨੰ: ਉਕਤ

ਉਪਰੋਕਤ ਦਾ ਉਤਾਰਾ ਹੇਠ ਲਿਖਿਆ ਨੂੰ ਸੂਚਨਾ ਤੇ ਯੋਗ ਕਾਰਵਾਈ ਹਿੱਤ ਭੇਜਿਆ ਜਾਂਦਾ ਹੈ:

3. ਪੀ.ਏ. ਟੂ ਐਸ.ਸੀ.ਈ.ਆਰ.ਟੀ, ਪੰਜਾਬ।
4. ਸਮੂਹ ਡੀ.ਐਨ.ਓਜ਼, ਪੰਜਾਬ।

ਕਿਰਨ ਸ਼ਰਮਾ ਪੀ.ਸੀ.ਐਸ
ਡਾਇਰੈਕਟਰ, ਐਸ.ਸੀ.ਈ.ਆਰ.ਟੀ.
ਪੰਜਾਬ।

F. No. 28-1/2026-PACE-Part(1)
Government of India
Ministry of Education
Department of School Education and Literacy
Policy Analysis and Community Engagement (PACE) Section

Shastri Bhawan, New Delhi

Date: 24th March, 2026

To

1. The Secretary, Ministry of Health & Family Welfare
2. The Secretary, Department of Social Justice & Empowerment
3. The Director General, Narcotics Control Bureau
4. The Regional Representative, UNODC South Asia Office

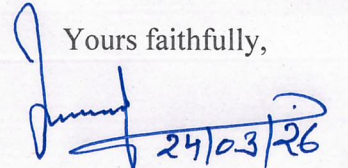
Subject: Forwarding of the Joint DO letter dated 20.03.2026 regarding the Three-Year Action Plan of DoSEL under Nasha Mukh Bharat Abhiyan for implementation in Educational Institutions-reg.

Respected Sir/Madam,

I am directed to forward herewith the Joint D.O. letter communication dated 20.03.2026 from the Home Secretary, Ministry of Home Affairs and Secretary, Department of School Education & Literacy, along with the Three-Year Action Plan under Nasha Mukh Bharat Abhiyan for implementation in Educational Institutions for your kind information and for circulation among your State/UT/Regional departments to facilitate better convergence among the stakeholder departments at the field level in undertaking sensitization activities in educational institutions as well as in declaring a 500 metre radius around all educational institutions as "Drug Free Zone".

2. This issues with the approval of the competent authority.

Yours faithfully,


24/03/26

(M.L. Meena)

Director

Email: ml.meena29@gov.in

Encl. as above:

Copy forwarded for information to:

- I. The Director, School Education of all States/UTs
- II. The State Project Director, Samagra Shiksha of all States/UTs
- III. The Director, SCERT of all States/UTs
- IV. The Head-Department of Education in Social Science (DESS), NCERT
- V. The Head-Manodarpan Cell, Department of Educational Psychology and Foundations of Education, NCERT
- VI. The State Nodal Officers, ToFEI of all States/UTs
- VII. PMU-ToFEI, DOSEL

Govind Mohan
Home Secretary
Ministry of Home
Affairs,
Government of India
E-mail- hshso@nic.in
Tel. 24010001



Sanjay Kumar
Secretary,
Department of School
Education & Literacy,
Government of India
E-mail -secy.sel@nic.in
Tel. 24015101

D.O. No. 28-1/2026-PACE-Part(1)

20th March, 2026

Dear Chief Secretary,

Substance abuse among children and youth has emerged as a serious public health and social concern in the country, necessitating coordinated and sustained interventions. As per the report "Magnitude of Substance Use in India (2019)" conducted by AIIMS in collaboration with the Ministry of Social Justice & Empowerment, a significant proportion of substance users belong to the adolescent and young age group. Further, the Global Youth Tobacco Survey (GYTS-4) indicates that around 8.5% of school students in the age group of 13–15 years are using tobacco in some form, which often acts as a gateway to other forms of substance abuse. These findings underline the urgent need for early preventive interventions through the school education system.

2. The rising incidence of substance abuse was deliberated at the 9th Apex Meeting of Narco-Coordination Centre (NCORD) held under the Chair of Hon. Union Home Minister Shri. Amit Shah, wherein it was emphasized that in the fight against drugs, all departments of the Government of India should prepare a roadmap upto 2029 and establish a time-bound review mechanism for its implementation. He emphasized that the health of the youth, their ability to think and perform, and the growing discontent in society are all linked to this problem. It was announced that beginning from March 31, 2026, all stakeholder Departments will together launch a three-year collective campaign against this problem, in which the working methodology of all pillars against drug abuse will be defined, targets will be set, and time-bound reviews will be conducted. The 9th Apex meeting of NCORD has therefore decided that over the next three years, all stakeholders involved have to fight on all fronts against drugs across the country and make India a '**Drug-Free India**', and make every effort to protect the country's youth from drugs.

3. In pursuance of the above directions, a comprehensive and structured three-year Action Plan under the *Nasha Mukta Bharat Abhiyan* has been developed for implementation in the educational institutions and is being shared with all States and Union Territories (copy enclosed) for adoption in mission mode. The Action Plan, inter

alia, incorporates provisions for declaring the area within a **500-metre radius of schools** as **drug-free zones**, and mandates reporting of any violations by the Head of School/nodal teacher to the concerned local authorities, including the police, for appropriate action. The Action Plan adopts a holistic and convergent approach, encompassing sustained awareness and sensitization programmes, integration of preventive education within the school environment, capacity building of teachers and school heads, active engagement of students through peer-led initiatives, and the use of IEC interventions such as posters, signage boards for drugs free area and creative campaigns. It also envisages strengthened linkages with health systems, counselling support and local administration, supported by a clearly defined monitoring and reporting framework at school, district and state levels.

4. In view of the above, it is imperative that the States/UTs accord the highest priority to the implementation of the 3 year Action Plan. It is therefore, requested that the Action Plan is disseminated to all schools including Private schools without delay and implemented in a time-bound and result-oriented manner. The States/UTs may also designate dedicated State and District Nodal Officers for effective coordination and establish a robust mechanism for periodic monitoring and review of progress, with due convergence across relevant departments and agencies such as Police / Narcotics Law Enforcement Agencies/local administration etc. by timely reporting.

5. Given the seriousness of the issue, it is expected that the implementation of this initiative will be closely supervised at the appropriate level so as to ensure meaningful outcomes on the ground and States/UTs are requested to furnish an Action Taken Report to the concerned Department in a timely manner. The collective and sustained efforts of all stakeholders will be critical in creating a safe, healthy and substance-free environment for our children.

6. We look forward to your continued support and cooperation in this important national endeavour.



(Govind Mohan)

With regards,



(Sanjay Kumar)

Encl: as above

The Chief Secretaries of all States/UTs.

Nasha Mukht Bharat Abhiyan

(Implementation of 3 years Action Plan for making Educational Institutions Nasha Mukht Bharat by March 2029)



Department of School Education & Literacy
Ministry of Education
Govt. of India

3-Year Action Plan for States/UTs & ABs- D/o School Education & Literacy

Sr. No.	What to Do?	How to Do?	Who will Do?
1.	Launch of a dedicated “Nasha Mukta Vidyalaya” portal for schools declaring themselves tobacco and drugs free.	A portal- “Nasha Mukta Vidyalaya”- to be launched by DoSEL for monitoring implementation of Drug Free Zone/ToFEI compliance in schools. Schools registered under UDISE+, government/govt-aided & private management, will report compliance.	DoSEL /States/UTs/ Schools
2.	A 500-meter radius around all educational institutions shall be declared a “Drug-Free Zone”.	As per the direction issued in the 9 th Apex NCORD meeting, the 500-meter radius around educational institutions shall be declared as “Drugs Free Zone”. A signage board on the entrance/outside of the school shall be mandatorily placed conveying that selling/consumption of any kinds of drugs is prohibited within the radius of 500 meter. In case of violation, the same shall be reported to the police/Narcotic Law Enforcement Agencies.	Schools/ Local Police /District Narcotics Law Enforcement Agencies/local administration
3.	Integration of age-appropriate curriculum on substance abuse prevention into Life Skills/ Health Education.	Already embedded in the NCERT curriculum from the Middle Stage onwards and in the CBSE Life Skills curriculum across all schooling levels. Now, State Boards will also be requested to ensure its integration through adaptation or adoption.	DoSEL/ NCERT/ States/UTs

3-Year Action Plan for States/UTs & ABs- D/o School Education & Literacy

Sr. No.	What to Do?	How to Do?	Who will Do?
4.	Development of standardized IEC material on tobacco, drugs and substance abuse	Standardised IEC material on tobacco, drugs and substance abuse for students, teachers and parents including posters, handbooks, documentaries and films in collaboration with NCERT, and translation and contextualization of the material into regional languages through SCERTs shall be developed.	DoSEL/ NCERT/ States/UTs/ SCERTs
5.	Development of a training module for teachers on early identification, referral mechanisms, classroom strategies and implementation of ToFEI manual and drugs free schools including self-declaration of Nasha Mukh Vidyalaya portal.	<p><u>Step-1</u> A training module for teachers will be developed covering various chapters/lessons such as early identification of children at risk of substance use, referral mechanisms, classroom strategies on handling victims of substance abuse, implementation of the ToFEI manual, and the Drug-Free Schools advisory, including the process for filling the Nasha Mukh Vidyalaya portal checklist for self-declaration.</p> <p><u>Step-2</u> Capacity building of Teachers</p>	DoSEL/ NCERT/ SCERTs & States/UTs

3-Year Action Plan for States/UTs & ABs- D/o School Education & Literacy

Sr. No.	What to Do?	How to Do?	Who will Do?
6.	Development of a dedicated Teacher Handbook/ Guide for effective implementation of ToFEI/ substance abuse guidelines within school premises.	An implementation handbook/ Guide to keep the instructions handy for the School Head/Nodal teachers for tobacco & drugs related sensitization activities including handling victims of substance abuse within classrooms.	NCERT
7.	Inclusion of a module in pre-service teacher training (B.Ed., D.El.Ed.) including on the job annual training of teachers under Samagra Shiksha	Training module shall be developed and included in the pre-service teacher training (B.Ed., D.El.Ed.) and in-service training of teachers under Samagra Shiksha and by NCERT.	DoSEL/ NCTE/ States/UTs
8.	Upgradation of the content on tobacco, substance abuse and alcohol abuse in the School Health Programme by NCERT and widen the reach of Manodarpan portal	A Working Group of Stakeholder Departments comprising of representatives from DoSEL, NCB, Ministry of Health & Family Welfare, NCERT and Ministry of Social Justice & Empowerment to upgrade the existing IEC material on tobacco, substance and alcohol abuse under the school health program to make it more relevant to the current context.	DoSEL/ NCERT

3-Year Action Plan for States/UTs & ABs- D/o School Education & Literacy

Sr. No.	What to Do?	How to Do?	Who will Do?
9.	Continuation of Paricharcha sessions through PM e-Vidya TV channels focusing on awareness and behavioural change	<p>Paricharcha sessions are designed to provide psycho-social support to students, teachers, and parents across India, focusing on mental health, well-being, and holistic development.</p> <p>These sessions shall be continued for awareness and behavioural change in the children.</p>	<p>NCERT – organizer & Participation by Schools School Boards (State, Centre & Private)</p>
10.	Periodic awareness campaigns on MyGov platform targeting students and parents.	Awareness and Sensitization activities/competition focused on the themes related to tobacco and drugs shall be organised on MyGov platform time to time.	DoSEL/ NCERT States/UTs
11.	Annual nationwide observance of World No Tobacco Day (31st May) and International Day against Drug Abuse (26th June)	Observance of World No Tobacco Day (31 May) and International Day against Drug Abuse (26 th June) every year in schools and national level program on 31 st May for World No Tobacco Day.	DoSEL/ States/UTs/ NCERT/ CBSE

Timeline & Milestones (2026–2029) for implementation of Action Plan

Year	Focus Area	Key Stakeholders	Milestone
2026–27	Portal launch; development of IEC materials; curriculum strengthening; teacher training module & handbook development; declaration of schools as Drugs-Free Zones; operationalization of MoU; initiation of awareness campaigns; monitoring and periodic review	Implementation by DoSEL: through NCERT/ CBSE/Pvt School Boards/ NCTE/ States/UTs/Schools	40 to 50% schools ToFEI compliant & Drugs Free
2027–28	Scale-up of teacher training (cascading mode); translation & contextualization of IEC through SCERTs; declaration of schools as Drugs-Free Zones; expansion of Manodarpan outreach; convergence with line Ministries; mid-term & periodic review/ documentation.	Stakeholder Support: in developing IEC, Sensitization sessions- MoHFW, DoSJE, NCB	75% schools ToFEI compliant & Drugs Free
2028–29	Full implementation across States/UTs; pre-service & on the job training; sustained behaviour change campaigns; strengthened rehabilitation linkages; periodic review/documentation.	& Civil Society Organizations (CSOs)	100% ToFEI compliance & Drugs Free

Monitoring & Review Mechanism- D/o School Education & Literacy

Level	Monitoring Instrument	Frequency
National (DoSEL)	Bi-annual review chaired by Competent Authority (DoSEL)	Twice yearly
DoSEL (Division Level)	Digital dashboard & quarterly review meetings with States/UTs on the implementation	Quarterly
State Level	District compliance verification & reporting	Monthly/Quarterly
District Level	DM level district NCORD Committee Review meeting, field verification by visiting schools and review their compliance report.	Monthly/Quarterly

THANK YOU!