



# HOLISTIC PROGRESS CARD (2025-26)

(ਸਰਬਪੱਖੀ ਪ੍ਰਗਤੀ ਕਾਰਡ 2025-26)

(SECONDARY)



Name of School and Address: \_\_\_\_\_

UDISE: \_\_\_\_\_

UID

student's Name: \_\_\_\_\_

Roll No.: \_\_\_\_\_ Registration No/ Admission No.: \_\_\_\_\_

Class:

Grade 9

Grade10

Photo

Section:

D.O.B

Address:

Phone:

Mother's / Guardian's Name:

Mother's / Guardian's Qualification:

Mother's/ Guardian's Occupation:

Father's/ Guardian's Name:

Father's / Guardian's Qualification:

Father's/ Guardian's Occupation:

Mother Tongue:

Medium:

Residence:

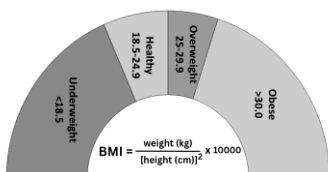
Rural

Urban

## Student's Attendance

|                                                 | April to September | October to March |
|-------------------------------------------------|--------------------|------------------|
| Total working days                              |                    |                  |
| Total Number of days attended                   |                    |                  |
| Attendance Percentage                           |                    |                  |
| If attendance is less than 75% then give reason |                    |                  |

## Student Health Card as on Date \_\_\_\_\_



BMI:

Age: \_\_\_\_ Years \_\_\_\_ Months

Gender: \_\_\_\_

Blood Group: \_\_\_\_

Haemoglobin: \_\_\_\_

Height (in cm): \_\_\_\_

Weight (in cm): \_\_\_\_

Vision: \_\_\_\_

Condition of teeth (Clean/Any black spot/bad breath / broken /missing teeth (other than age-appropriate))

If any other ailment, mention:

## Self- Progress Report

### My Goal

#### My Academic Goal:

This academic goal is important to me because \_\_\_\_\_

I will reach this goal by:

Step 1 \_\_\_\_\_

Step 2 \_\_\_\_\_

This personal goal is important to me because \_\_\_\_\_

I will reach this goal by:

Step 1 \_\_\_\_\_

Step 2 \_\_\_\_\_

#### My Personal Goal:

### My Participation in Activities

| Month              | Detail of Participation in co-curricular/sports/extra-curricular activities at school/ block/ district/ state level |            |
|--------------------|---------------------------------------------------------------------------------------------------------------------|------------|
|                    | By Student                                                                                                          | By Teacher |
| April to September |                                                                                                                     |            |
|                    |                                                                                                                     |            |
|                    |                                                                                                                     |            |
|                    |                                                                                                                     |            |
| October to March   |                                                                                                                     |            |
|                    |                                                                                                                     |            |
|                    |                                                                                                                     |            |
|                    |                                                                                                                     |            |

# ACADEMIC PROGRESS REPORT : SECONDARY CLASSES

## Subject: PUNJABI

| Theory Exam                   |                                                 |                |                                         |                | Internal Assessment (INA)          |             |                    |             |                |
|-------------------------------|-------------------------------------------------|----------------|-----------------------------------------|----------------|------------------------------------|-------------|--------------------|-------------|----------------|
| Exam                          | Punjabi A                                       |                | Punjabi B                               |                |                                    | Punjabi A   |                    | Punjabi B   |                |
|                               | Total Marks                                     | Marks Obtained | Total Marks                             | Marks Obtained |                                    | Total Marks | Marks Obtained     | Total Marks | Marks Obtained |
| Bimonthly Test-1              | 20                                              |                | 20                                      |                | Practical/Project work Assignments | 2           |                    | 2           |                |
| Term Exam-1                   | 65                                              |                | 65                                      |                | Pre-Board/ Term Exam               | 2           |                    | 2           |                |
| Bimonthly Test -2             | 20                                              |                | 20                                      |                | Book Bank                          | 1           |                    | 1           |                |
| Pre-Board (10 <sup>th</sup> ) | 65                                              |                | 65                                      |                | Activities under Welcome life      | 1           |                    | 1           |                |
| Final Exam                    | 65                                              |                | 65                                      |                | Language skills (LSRW)             | 4           |                    | 4           |                |
|                               |                                                 |                |                                         |                | Total                              | 10          |                    | 10          |                |
| Total Marks                   | Marks Obtained in Final Exam (A+B) (out of 130) |                | Marks Obtained in INA (A+B) (out of 20) |                | Total Marks Obtained (A+B)         |             | Percentage / Grade | Remarks     |                |
| 150                           |                                                 |                |                                         |                |                                    |             |                    |             |                |

## Subject: HINDI

| Theory Exam                   |                                          |                                  | Internal Assessment (INA)          |                   |                |
|-------------------------------|------------------------------------------|----------------------------------|------------------------------------|-------------------|----------------|
| Exam                          | Total Marks                              | Marks Obtained                   |                                    | Total Marks       | Marks Obtained |
| Bimonthly Test -1             | 20                                       |                                  | Practical/Project work Assignments | 6                 |                |
| Term Exam-1                   | 80                                       |                                  | Pre-Board/ Term Exam               | 3                 |                |
| Bimonthly Test -2             | 20                                       |                                  | Book Bank                          | 1                 |                |
| Pre-Board (10 <sup>th</sup> ) | 80                                       |                                  | Activities under Welcome life      | 1                 |                |
| Final Exam                    | 80                                       |                                  | Language skills (LSRW)             | 9                 |                |
|                               |                                          |                                  | Total                              | 20                |                |
| Total Marks                   | Marks Obtained in Final Exam (out of 80) | Marks Obtained in INA(out of 20) | Total Marks Obtained (out of 100)  | Percentage/ Grade | Remarks        |
| 100                           |                                          |                                  |                                    |                   |                |

## Subject: ENGLISH

| Theory Exam                   |                                         |                                  | Internal Assessment (INA)         |                   |                |
|-------------------------------|-----------------------------------------|----------------------------------|-----------------------------------|-------------------|----------------|
| Exam                          | Total Marks                             | Marks Obtained                   |                                   | Total Marks       | Marks Obtained |
| Bimonthly Test -1             | 20                                      |                                  | Pre-Board/ Term Exam              | 3                 |                |
| Term Exam-1                   | 80                                      |                                  | Book Bank                         | 1                 |                |
| Bimonthly Test -2             | 20                                      |                                  | Activities under Welcome life     | 1                 |                |
| Pre-Board (10 <sup>th</sup> ) | 80                                      |                                  | Language skills (LSRW)            | 15                |                |
| Final Exam                    | 80                                      |                                  | Total                             | 20                |                |
| Total Marks                   | Marks Obtained in Final Exam(out of 80) | Marks Obtained in INA(out of 20) | Total Marks Obtained (out of 100) | Percentage/ Grade | Remarks        |
| 100                           |                                         |                                  |                                   |                   |                |

## Subject: MATHEMATICS

| Theory Exam                   |                                          |                                   | Internal Assessment (INA)          |                   |                |
|-------------------------------|------------------------------------------|-----------------------------------|------------------------------------|-------------------|----------------|
| Exam                          | Total Marks                              | Marks Obtained                    |                                    | Total Marks       | Marks Obtained |
| Bimonthly Test -1             | 20                                       |                                   | Practical/Project work Assignments | 10                |                |
| Term Exam-1                   | 80                                       |                                   | Pre-Board/ Term Exam               | 8                 |                |
| Bimonthly Test -2             | 20                                       |                                   | Book Bank                          | 01                |                |
| Pre-Board (10 <sup>th</sup> ) | 80                                       |                                   | Activities under Welcome life      | 01                |                |
| Final Exam                    | 80                                       |                                   | Total                              | 20                |                |
| Total Marks                   | Marks Obtained in Final Exam (out of 80) | Marks Obtained in INA (out of 20) | Total Marks Obtained (out of 100)  | Percentage/ Grade | Remarks        |
| 100                           |                                          |                                   |                                    |                   |                |

| Subject: SCIENCE               |                                          |                                   |                                                                                                                  |                      |                    |                |
|--------------------------------|------------------------------------------|-----------------------------------|------------------------------------------------------------------------------------------------------------------|----------------------|--------------------|----------------|
| Theory Exam                    |                                          |                                   | Internal Assessment (INA)                                                                                        |                      |                    |                |
| Exam                           | Total Marks                              | Marks Obtained                    |                                                                                                                  |                      | Total Marks        | Marks Obtained |
| Bimonthly Test -1              | 20                                       |                                   | Practical/Project work Assignments                                                                               |                      | 15                 |                |
| Term Exam-1                    | 80                                       |                                   | Pre-Board/ Term Exam                                                                                             |                      | 3                  |                |
| Bimonthly Test -2              | 20                                       |                                   | Book Bank                                                                                                        |                      | 01                 |                |
| Pre-Board (10 <sup>th</sup> )  | 80                                       |                                   | Activities under Welcome life                                                                                    |                      | 01                 |                |
| Final Exam                     | 80                                       |                                   | Total                                                                                                            |                      | 20                 |                |
| Total Marks                    | Marks Obtained in Final Exam (out of 80) | Marks Obtained in INA (out of 20) | Total Marks Obtained (out of 100)                                                                                |                      | Percentage / Grade | Remarks        |
| 100                            |                                          |                                   |                                                                                                                  |                      |                    |                |
| Subject: SOCIAL SCIENCE        |                                          |                                   |                                                                                                                  |                      |                    |                |
| Theory Exam                    |                                          |                                   | Internal Assessment (INA)                                                                                        |                      |                    |                |
|                                | Total Marks                              | Marks Obtained                    |                                                                                                                  |                      | Total Marks        | Marks Obtained |
| Bimonthly Test -1              | 20                                       |                                   | Term Exam-1/ Bimonthly Tests                                                                                     |                      | 4                  |                |
| Term Exam-1                    | 80                                       |                                   | Pre-Board/ Term Exam                                                                                             |                      | 5                  |                |
| Bimonthly Test -2              | 20                                       |                                   | Interest in subject, Practicing Moral Values and Discipline (Home Work/Note Book/ Work Book)                     |                      | 4                  |                |
| Pre-Board (10 <sup>th</sup> )  | 80                                       |                                   | Book Bank                                                                                                        |                      | 1                  |                |
| Final Exam                     | 80                                       |                                   | Project Work / Activities (Consumer awareness, Financial literacy, Social issues, Political & Historical events) |                      | 6                  |                |
|                                |                                          |                                   | Total                                                                                                            |                      | 20                 |                |
| Total Marks                    | Marks Obtained in Final Exam (out of 80) | Marks Obtained in INA(out of 20)  | Total Marks Obtained (out of 100)                                                                                |                      | Percentage / Grade | Remarks        |
| 100                            |                                          |                                   |                                                                                                                  |                      |                    |                |
| Subject: COMPUTER SCIENCE      |                                          |                                   |                                                                                                                  |                      |                    |                |
| Theory Exam                    |                                          |                                   | Internal Assessment (INA)                                                                                        |                      |                    |                |
|                                | Total Marks                              | Marks Obtained                    |                                                                                                                  |                      | Total Marks        | Marks Obtained |
| Bimonthly Test-1               | 20                                       |                                   | Pre-Board/ Term Exam                                                                                             |                      | 3                  |                |
| Term-1                         | 50                                       |                                   | Book Bank                                                                                                        |                      | 1                  |                |
| Bimonthly Test-2               | 20                                       |                                   | Activities under Welcome life                                                                                    |                      | 1                  |                |
| Pre-Board ( 10 <sup>th</sup> ) | 50                                       |                                   | Total                                                                                                            |                      | 5                  |                |
| Final Exam                     | 50                                       |                                   |                                                                                                                  |                      |                    |                |
| Total Marks                    | Marks Obtained in Final Exam (out of 50) | Marks Obtained in INA (out of 5)  | Marks in Practical (45)                                                                                          | Total Marks Obtained | Percentage/ Grade  | Remarks        |
| 100                            |                                          |                                   |                                                                                                                  |                      |                    |                |

**Subject: \_\_\_\_\_ (Optional Subject)**

| Theory Exam                   |                              |                       | Internal Assessment (INA)          |                      |                   |         |
|-------------------------------|------------------------------|-----------------------|------------------------------------|----------------------|-------------------|---------|
|                               | Total Marks                  | Marks Obtained        |                                    | Total Marks          | Marks Obtained    |         |
| Bimonthly Test-1              |                              |                       | Practical/ Project Work/Assignment |                      |                   |         |
| Term-1                        |                              |                       | Pre-Board/ Term Exam               |                      |                   |         |
| Bimonthly Test-2              |                              |                       | Book Bank                          |                      |                   |         |
| Pre-Board (10 <sup>th</sup> ) |                              |                       | Activities under Welcome life      |                      |                   |         |
| Final Exam                    |                              |                       | Language Skills (LSRW)             |                      |                   |         |
|                               |                              |                       | Total                              |                      |                   |         |
| Total Marks                   | Marks Obtained in Final Exam | Marks Obtained in INA | Marks Obtained in Practical        | Total Marks Obtained | Percentage/ Grade | Remarks |
|                               |                              |                       |                                    |                      |                   |         |

**Subject: NSQF**

| Theory Exam                   |                              |                       | Internal Assessment (INA) and Practical |                      |                   |         |
|-------------------------------|------------------------------|-----------------------|-----------------------------------------|----------------------|-------------------|---------|
|                               | Total Marks                  | Marks Obtained        |                                         | Total Marks          | Marks Obtained    |         |
| Bimonthly Test-1              |                              |                       | Assignment                              |                      |                   |         |
| Term Exam -1                  |                              |                       | Project work                            |                      |                   |         |
| Bimonthly Test-2              |                              |                       | Term/ Pre-Board                         |                      |                   |         |
| Pre-Board (10 <sup>th</sup> ) |                              |                       | Practical work                          |                      |                   |         |
| Final Exam                    |                              |                       | Classroom Co-operation and discipline   |                      |                   |         |
|                               |                              |                       | Total                                   |                      |                   |         |
| Total Marks                   | Marks Obtained in Final Exam | Marks Obtained in INA | Marks Obtained in Practical             | Total Marks Obtained | Percentage/ Grade | Remarks |
|                               |                              |                       |                                         |                      |                   |         |

**Subject: PUNJAB HISTORY AND CULTURE**

| Theory Exam                   |                                                 |                |                                         |                | Internal Assessment (INA)                     |             |                    |             |                |
|-------------------------------|-------------------------------------------------|----------------|-----------------------------------------|----------------|-----------------------------------------------|-------------|--------------------|-------------|----------------|
| Exam                          | Paper- A                                        |                | Paper- B                                |                |                                               | Paper- A    |                    | Paper- B    |                |
|                               | Total Marks                                     | Marks Obtained | Total Marks                             | Marks Obtained |                                               | Total Marks | Marks Obtained     | Total Marks | Marks Obtained |
| Bimonthly Test -1             | 20                                              |                | 20                                      |                | Practical/Project work                        | 3           |                    | 3           |                |
| Term-1                        | 65                                              |                | 65                                      |                | Assignment class work Notebook work/ Map work | 2           |                    | 2           |                |
| Bimonthly Test-2              | 20                                              |                | 20                                      |                | Pre-Board/ Term Exam                          | 3           |                    | 3           |                |
| Pre-Board (10 <sup>th</sup> ) | 65                                              |                | 65                                      |                | Book Bank or Research material                | 1           |                    | 1           |                |
| Final Exam                    | 65                                              |                | 65                                      |                | Activities under Welcome life                 | 1           |                    | 1           |                |
|                               |                                                 |                |                                         |                | Total                                         | 10          |                    | 10          |                |
| Total Marks                   | Marks Obtained in Final Exam (A+B) (out of 130) |                | Marks Obtained in INA (A+B) (out of 20) |                | Total Marks Obtained (A+B)                    |             | Percentage / Grade | Remarks     |                |
| 150                           |                                                 |                |                                         |                |                                               |             |                    |             |                |

**Grand Total**

| Total Marks | Marks Obtained | Percentage/ Grade | Result |
|-------------|----------------|-------------------|--------|
|             |                |                   |        |

## Progress in Competencies

(Competency Enhancement Programme: Secondary)

### Note:-

- All students have been assessed on the basis of selected competencies in major subjects, the result of which is recorded below.
- Similarly, the students have been evaluated on the basis of activities/ projects/ research studies of major topics as per the following indicators :-

|                    |                                                                                     |
|--------------------|-------------------------------------------------------------------------------------|
| <b>Awareness</b>   | <b>The learner develops a plan for project execution.</b>                           |
|                    | The learner actively engages in the process of project work.                        |
|                    | The learner demonstrates the research skills on project topic.                      |
| <b>Sensitivity</b> | The learner participates in the group discussions respectfully.                     |
|                    | The learner can handle different opinions in the group respectfully.                |
|                    | The learner demonstrates some understanding of the social relevance of the project. |
| <b>Creativity</b>  | The learner is able to brainstorm about project execution and presentation.         |
|                    | The learner proposes solutions to possible barriers.                                |
|                    | The creation of the learner is innovative and useful to the society.                |

| Subject: Punjabi        |                                                                                                                                                   |              |                  |          |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|--------------|------------------|----------|
| S. No.                  | Competencies                                                                                                                                      | Baseline (%) | Endline(%)       |          |
| 1                       | MC-1.1 ਧਿਆਨ ਨਾਲ ਸੁਣਨ ਜਾਂ ਪਾਠ ਪੜ੍ਹਨ ਤੋਂ ਮੁੱਖ ਨੁਕਤਿਆਂ ਦੀ ਪਛਾਣ ਕਰਦਾ ਹੈ ਅਤੇ ਸੰਖੇਪ ਕਰਦਾ ਹੈ (ਖ਼ਬਰਾਂ ਦੇ ਲੇਖ, ਰਿਪੋਰਟਾਂ, ਸੰਪਾਦਕੀ)                          |              |                  |          |
| 2                       | C-1.3 ਅਸਲ-ਜੀਵਨ ਦੀਆਂ ਸਥਿਤੀਆਂ ਲਈ ਲਿਖਦਾ ਹੈ (ਸੱਦੇ, ਭਾਸ਼ਣ, ਸ਼ੋਕ ਸੁਨੇਹੇ, ਨੋਟਿਸ, ਰਚਨਾਤਮਿਕ ਸਲੋਗਨ, ਇਸ਼ਤਿਹਾਰ) ਅਤੇ ਸਕੂਲ ਅਖ਼ਬਾਰ / ਮੈਗਜ਼ੀਨ / ਜਰਨਲ ਲਈ ਲਿਖਦਾ ਹੈ। |              |                  |          |
| 3                       | C-1.4 ਤਕਨਾਲੋਜੀ ਦੀ ਵਰਤੋਂ ਕਰਦੇ ਹੋਏ ਪ੍ਰਭਾਵਸ਼ਾਲੀ ਢੰਗ ਨਾਲ ਵਿਚਾਰਾਂ ਨੂੰ ਸੂਚਿਤ ਕਰਨ ਅਤੇ ਸੰਚਾਰ ਕਰਨ ਲਈ ਲਿਖਦਾ ਹੈ।                                             |              |                  |          |
| Activity/ Project Work: |                                                                                                                                                   |              | Competency:_____ |          |
| Topic                   | Indicator                                                                                                                                         | Beginner     | Proficient       | Advanced |
|                         | Awareness                                                                                                                                         |              |                  |          |
|                         | Sensitivity                                                                                                                                       |              |                  |          |
|                         | Creativity                                                                                                                                        |              |                  |          |

Signature of Subject Teacher: \_\_\_\_\_

| Subject: Hindi          |                                                                                                                                                              |                  |            |          |
|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|------------|----------|
| S. No.                  | Competencies                                                                                                                                                 | Baseline (%)     | Endline(%) |          |
| 1                       | MC-1.1 मुख्य बिंदुओं की पहचान करना और पाठ (समाचार, लेख, रिपोर्ट, संपादकीय) को ध्यानपूर्वक सुनने या पढ़ने के आधार पर सारांशित                                 |                  |            |          |
| 2                       | C-1.2: अपने अनुभवों और दूसरों केअनुभवों से विभिन्न शैलियों (वर्णनात्मक, विवेचनात्मक, प्रेरक) में लिखता है।                                                   |                  |            |          |
| 3                       | C-1.3 वास्तविक जीवन की परिस्थितियों (निमंत्रण, भाषण,शोक संदेश, सूचनाएँ, रचनात्मक नारे,विज्ञापन, आदि) और स्कूल समाचार पत्र / पत्रिका / जर्नल के लिए लिखता है। |                  |            |          |
| Activity/ Project Work: |                                                                                                                                                              | Competency:_____ |            |          |
| Topic                   | Indicator                                                                                                                                                    | Beginner         | Proficient | Advanced |
|                         | Awareness                                                                                                                                                    |                  |            |          |
|                         | Sensitivity                                                                                                                                                  |                  |            |          |
|                         | Creativity                                                                                                                                                   |                  |            |          |

Signature of Subject Teacher: \_\_\_\_\_

| Subject: English         |                                                                                                                                |             |          |                  |            |
|--------------------------|--------------------------------------------------------------------------------------------------------------------------------|-------------|----------|------------------|------------|
| S. No                    | Competencies                                                                                                                   |             |          | Baseline (%)     | Endline(%) |
| 1                        | C-1.1 Identifies main points and summarises from careful listening or reading of the text (news articles, reports, editorials) |             |          |                  |            |
| Activity/ Project Work : |                                                                                                                                |             |          | Competency:_____ |            |
| Topic                    |                                                                                                                                | Indicator   | Beginner | Proficient       | Advanced   |
|                          |                                                                                                                                | Awareness   |          |                  |            |
|                          |                                                                                                                                | Sensitivity |          |                  |            |
|                          |                                                                                                                                | Creativity  |          |                  |            |

Signature of Subject Teacher: \_\_\_\_\_

| Subject: Mathematics    |                                                                                                                                                                                                                              |              |                  |          |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|------------------|----------|
| S. No                   | Competencies                                                                                                                                                                                                                 | Baseline (%) | Endline(%)       |          |
| 1                       | C-1.1 Develops understanding of numbers, including the set of real numbers and its properties                                                                                                                                |              |                  |          |
| 2                       | C-4.1 Describes relationships including congruence of two dimensional geometric shapes (such as lines, angles, triangles) to make and test conjectures and solve problems                                                    |              |                  |          |
| 3                       | C- 5.2 Visualizes and uses mathematical thinking to discover formulae to calculate surface areas and volumes of solid objects (cubes, cuboids, spheres, hemispheres, right circular cylinders/cones, and their combinations) |              |                  |          |
| Activity/ Project Work: |                                                                                                                                                                                                                              |              | Competency:_____ |          |
| Topic                   | Indicator                                                                                                                                                                                                                    | Beginner     | Proficient       | Advanced |
|                         | Awareness                                                                                                                                                                                                                    |              |                  |          |
|                         | Sensitivity                                                                                                                                                                                                                  |              |                  |          |
|                         | Creativity                                                                                                                                                                                                                   |              |                  |          |

Signature of Subject Teacher: \_\_\_\_\_

| Subject: Science        |                                                                                                                                                                                                                                                                                       |             |          |                  |            |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----------|------------------|------------|
| S. No                   | Competencies                                                                                                                                                                                                                                                                          |             |          | Baseline (%)     | Endline(%) |
| 1                       | MC- 1.1 Classify matter based on observable physical (solid, liquid, gas, shape, volume, density, transparent, opaque, translucent, magnetic, non magnetic, conducting, non conducting) and chemical (pure, impure, acid, base, metal, non metal, element, compound) characteristics. |             |          |                  |            |
| 2                       | MC -1.2 Describe changes in matter (physical and chemical) and use   particulate nature to represent the properties of matter and the changes.                                                                                                                                        |             |          |                  |            |
| 3                       | MC-3.2 Distinguish the characteristic of living organisms (need for nutrition, growth and development, need for respiration, response to stimuli, reproduction, excretion, cellular organization ) from non living things                                                             |             |          |                  |            |
| Activity/ Project Work: |                                                                                                                                                                                                                                                                                       |             |          | Competency:_____ |            |
| Topic                   |                                                                                                                                                                                                                                                                                       | Indicator   | Beginner | Proficient       | Advanced   |
|                         |                                                                                                                                                                                                                                                                                       | Awareness   |          |                  |            |
|                         |                                                                                                                                                                                                                                                                                       | Sensitivity |          |                  |            |
|                         |                                                                                                                                                                                                                                                                                       | Creativity  |          |                  |            |

Signature of Subject Teacher: \_\_\_\_\_

| Subject: Social Science  |                                                                                                                                                                                                                                                                                                                           |              |                  |          |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|------------------|----------|
| S. No                    | Competencies                                                                                                                                                                                                                                                                                                              | Baseline (%) | Endline(%)       |          |
| 1                        | C-4.1 Locates physiographic regions of India and the climatic zones of the world on a globe/ map.                                                                                                                                                                                                                         |              |                  |          |
| 2                        | C-4.2 Explains important geographical concepts, characteristics of key landforms, their origin, and other physical factors of a region.                                                                                                                                                                                   |              |                  |          |
| 3                        | C-4.5 Critically evaluates the impact of human interventions on the environment, including climate change, pollution, shortage of natural resources (particularly water), and loss of biodiversity; identifies practices that have led to these environmental crises and the measures that must be taken to reverse them. |              |                  |          |
| Activity/ Project Work : |                                                                                                                                                                                                                                                                                                                           |              | Competency:_____ |          |
| Topic                    | Indicator                                                                                                                                                                                                                                                                                                                 | Beginner     | Proficient       | Advanced |
|                          | Awareness                                                                                                                                                                                                                                                                                                                 |              |                  |          |
|                          | Sensitivity                                                                                                                                                                                                                                                                                                               |              |                  |          |
|                          | Creativity                                                                                                                                                                                                                                                                                                                |              |                  |          |

Signature of Subject Teacher: \_\_\_\_\_

| Subject: Computer Science |             |                   |            |          |
|---------------------------|-------------|-------------------|------------|----------|
| Activity/ Project Work:   |             | Competency: _____ |            |          |
| Topic                     | Indicator   | Beginner          | Proficient | Advanced |
|                           | Awareness   |                   |            |          |
|                           | Sensitivity |                   |            |          |
|                           | Creativity  |                   |            |          |

Signature of Subject Teacher: \_\_\_\_\_

| Subject: _____          |             |                   |            |          |
|-------------------------|-------------|-------------------|------------|----------|
| Activity/ Project Work: |             | Competency: _____ |            |          |
| Topic                   | Indicator   | Beginner          | Proficient | Advanced |
|                         | Awareness   |                   |            |          |
|                         | Sensitivity |                   |            |          |
|                         | Creativity  |                   |            |          |

Signature of Subject Teacher \_\_\_\_\_



# Parent-Teacher Meeting Report



Tick the resources available to your child at home.



Books and Magazines

☐


Newspapers

☐


Toys, Games and sports

☐


Phone and Computer

☐


Internet

☐


Public Broadcast System  
(Audio/Video at the Panchayat and Block level)

☐


Resources for CWSN

☐

## Understanding of my Child

Circle the most appropriate option for your child

1. My child shows interest in learning concepts taught in the school and discuss these at home.



Yes Sometimes No Not Sure

2. My child follows a set schedule for studying, playing and other social activities at home.



Yes Sometimes No Not Sure

3. My child finds the study of his grade difficult and needs additional support in his/her studies.



Yes Sometimes No Not Sure

4. My child is progressing in co-curricular activities/sports/extra-curricular activities.



Yes Sometimes No Not Sure

| Month              | Signature of class In-charge | Signature of School Head | Signature of Parents/Guardian |
|--------------------|------------------------------|--------------------------|-------------------------------|
| April to September |                              |                          |                               |
| October to March   |                              |                          |                               |
| Annual Exams       |                              |                          |                               |

DEPARTMENT OF SCHOOL EDUCATION, PUNJAB