ਰਾਜ ਵਿੱਦਿਅਕ ਖੋਜ ਅਤੇ ਸਿਖਲਾਈ ਪ੍ਰੀਸ਼ਦ, ਪੰਜਾਬ

ਪੰਜਾਬ ਸਕੂਲ ਸਿੱਖਿਆ ਬੋਰਡ ਕੰਪਲੈਕਸ, ਵਿੱਦਿਆ ਭਵਨ, ਬਲਾਕ-ਈ, ਛੇਵੀਂ ਮੰਜਿਲ, ਫੇਜ਼-8 ਮੋਹਾਲੀ

ਵੱਲ,

ਸਮੂਹ ਜ਼ਿਲਾ ਸਿੱਖਿਆ ਅਫਸਰ (ਸੈ. ਸਿ.) (ਵੈਬਸਾਈਟ ਰਾਹੀਂ) ਸਮੂਹ ਪ੍ਰਿੰਸੀਪਲ -ਸ.ਸ.ਸ.ਸ. (ਸਾਇੰਸ ਗਰੁੱਪ ਫੰਕਸ਼ਨਲ ਸਕੂਲ), ਪੰਜਾਬ।

ਮੀਮੋ ਨੰ: e-187186/2025/148226

ਮਿਤੀ: ਐਸ.ਏ.ਐਸ.ਨਗਰ 28-05-2025

ਵਿਸ਼ਾ: ਸੈਸ਼ਨ 2025-26 ਲਈ ਜਮਾਤ 11ਵੀਂ ਅਤੇ 12ਵੀਂ ਸਾਇੰਸ (ਫਿਜਿਕਸ, ਕਮਿਸਟਰੀ ਅਤੇ ਬਾਇਓਲੈਜੀ) ਵਿਸ਼ੇ ਦੇ ਸਿਲੇਬਸ ਦੀ Bi-Monthly Distribution ਸਬੰਧੀ।

- 1.0 ਉਪਰੋਕਤ ਵਿਸ਼ੇ ਵੱਲ ਧਿਆਨ ਦੀ ਖੇਚਲ ਕੀਤੀ ਜਾਵੇ |
- 2.0 ਸਕੂਲ ਸਿੱਖਿਆ ਵਿਭਾਗ ਵਲੋਂ ਸੈਸ਼ਨ 2025-26 ਲਈ ਜਮਾਤ 11ਵੀਂ ਅਤੇ 12ਵੀਂ ਸਾਇੰਸ (ਫਿਜਿਕਸ, ਕਮਿਸਟਰੀ ਅਤੇ ਬਾਇਉਲੋਜੀ) ਵਿਸ਼ੇ ਦੇ ਸਿਲੇਬਸ ਦੀ Bi-monthly Distribution ਤਿਆਰ ਕੀਤੀ ਗਈ ਹੈ। ਇਸ ਨੂੰ ਅਧਿਆਪਕਾਂ ਅਤੇ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਹੂਲਤ ਲਈ www.ssapunjab.org ਦੀ website ਅਤੇ Punjab Educare App ਤੇ ਕੀਤਾ ਜਾ ਰਿਹਾ ਹੈ।

ਨੱਥੀ :- ਜਮਾਤ 11ਵੀਂ ਅਤੇ 12ਵੀ ਸਾਇੰਸ (ਫਿਜਿਕਸ, ਕਮਿਸਟਰੀ ਅਤੇ ਬਾਇਓਲੋਜੀ) ਵਿਸ਼ੇ ਦੇ ਸਿਲੇਬਸ ਦੀ Bio-monthly Distribution ਦੀ pdf ਫਾਈਲ |

ਡਾਇਰੈਕਟਰ

ਐੱਸ.ਸੀ.ਈ.ਆਰ.ਟੀ., ਪੰਜਾਬ।

ਪਿੱਠ ਅੰਕਣ ਨੰ: ਉਕਤ

ਮਿਤੀ: 28-5-26

ਉਪਰੋਕਤ ਦਾ ਉਤਾਰਾ ਹੇਠ ਲਿਖਿਆਂ ਨੂੰ ਸੂਚਨਾ ਅਤੇ ਯੋਗ ਕਾਰਵਾਈ ਹਿੱਤ ਭੇਜਿਆ ਜਾਂਦਾ ਹੈ।

- 1. ਪ੍ਰਿੰਸੀਪਲ ਜ਼ਿਲ੍ਹਾ ਮੈਂਟਰ।
- 2. ਡੀ.ਐੱਮ. (ਐੱਮ.ਆਈ.ਐੱਸ.) Wing ਨੂੰ Website ਤੇ ਅਪਲੋਡ ਕਰਨ ਹਿੱਤ।

ਸਹਾਇਕ ਡਾਇਰੈਕਟਰ

ਅਤੇ ਸਟੇਟ ਸਾਇੰਸ ਕੋਆਰਡੀਨੇਟਰ (ਫਿਜੀਕਸ, ਕਮਿਸਟਰੀ ਅਤੇ ਬਾਇਓ)

	BI MONTHLY DISTRIBUTION PHYSICS CLASS 11 SESSION 2025-26				
MONTH	UNIT	PRACTICALS	ACTIVITIES		
APR	0. Mathematical Tools		To make a paper scale of given least		
MAY- JULY	1. Physical world and measurement 2. Kinematics	1. Use of Vernier Callipers (i) To measure diameter & volume and volume of a small spherical/cylindrical body. (ii) To measure internal diameter and depth of a given beaker/ calorimeter and hence find its volume. 2. Use of screw gauge (i) To measure diameter of a given wire, (ii) To measure thickness of a given sheet 3. To determine the volume of a irregular lamina using screw gauge 4. To determine radius of curvature of a given spherical surface by a spherometer. 5. To determine the mass of two different objects using beam balance. 6. To find the weight of a given body using parallelogram law of vectors.	count, e.g. 0.2cm, 0.5 cm. 2. To determine mass of a given body using a metre scale by principle of moments. 3. To plot a graph for a given set of data, with proper choice of scales and error bars. 4. To study the variation in range of a Projectile with angle of projection		
AUG	3. Laws of motion 4. Work, Energy and Power 5. System of particles and Rotational Motion	7. To study the relationship between force of limiting friction and normal reaction and to find co-efficient of friction between a block and a horizontal surface. 8. To find the downward force, along an inclined plane, acting on a roller due to gravitational pull of the earth and study its relationship with the angle of inclination (θ) by plotting graph between force and sin θ. 9. Using a simple pendulum, plot its L-T² graphs and use it to find the effective length of second's pendulum. 10. To study variation of time period of a simple pendulum of a given length by taking bobs of same size but different masses and interpret the result.	 5. To measure the force of limiting friction for rolling of a roller on a horizontal plane. 6. To study the conservation of energy of a ball rolling down on inclined plane (using a double inclined plane). 7. To study dissipation of energy of a simple pendulum by plotting a graph between square of amplitude and time. 		
CEDT		REVISION & FIRST TERM EXAMINA	TIONS		
6. Gravitation 7. Properties of Matter 8. Thermodyna mics 9. Behaviour of perfect gas and kinetic theory of gases 11. To determine young's modulus of a given wire to using Searle's apparatus. 12. To find out the spring constant of a helical sprint its load-extension graph. 13. To determine the surface tension of water by carrise method. 14. To determine the coefficient of viscosity of a given wire to using Searle's apparatus. 12. To find out the spring constant of a helical sprint its load-extension graph. 13. To determine the surface tension of water by carrise method. 14. To determine the coefficient of viscosity of a given wire to using Searle's apparatus. 15. To determine the surface tension of water by carrise method. 16. To determine the spring constant of a helical sprint its load-extension graph. 16. To determine the surface tension of water by carrise method. 16. To determine the spring constant of a helical sprint its load-extension graph. 16. To determine the surface tension of water by carrise method. 16. To determine the surface tension of water by carrise method. 16. To determine the spring constant of a helical sprint its load-extension graph. 16. To determine the surface tension of water by carrise method. 16. To determine the spring constant of a helical sprint its load-extension graph. 17. To study the relationship between the temperature a hot body and time by plotting a cooling curve. 16. To determine young's modulus of a given wire the spring constant of a helical sprint its load-extension graph. 17. To study the variation in volume (V) with pressure for a sample of air at constant temp. by plotting graph its load-extension graph. 18. To determine the surface tension of water by carrise method. 19. To determine the surface tension of a helical sprint its load-extension graph. 19. To determine the surface tension of a helical sprint its load-extension graph. 19. To determine the surface tension of a province its load-extension graph. 19. To determine the surface tension of a province its lo		11. To determine young's modulus of a given wire by using Searle's apparatus. 12. To find out the spring constant of a helical spring from its load-extension graph. 13. To determine the surface tension of water by capillary rise method. 14. To determine the coefficient of viscosity of a given liquid by measuring the terminal volume of spherical body. 15. To study the relationship between the temperature of a hot body and time by plotting a cooling curve. 16. To determine the specific heat capacity of a given (i) solid (ii) liquid by method of mixtures. 17. To study the variation in volume (V) with pressure (P) for a sample of air at constant temp. by plotting graphs between P & V and between P & 1/V.	8. To observe the decrease in pressure with increase in velocity of a fluid. 9. To observe change of state and plot a cooling curve for molten wax. 10. To observe and explain the effect of heating on a bi-metallic strip. 11. To note the change in level of liquid in a container on heating and interpret the observations. 12. To study the effect of detergent on surface tension of water by observing capillary rise. 13. To study the factors affecting the rate of loss of heat of a liquid. 14. To study the effect of load on depression of a suitably clamped metre scale loaded. (i) at its end (ii) in the middle.		
DEC	10. Oscillation & Waves	18. To study the relation between frequency and length of a given wire under constant tension using sonometer. 19. To study the relation between the length of a given wire and tension for constant frequency using sonometer. 20. To find the speed of sound in air at room temperature using a resonance tube by two - resonance positions	TIONS		
AN - FEB		REVISION& SECOND TERM EXAMINA	AHONS		
		FINAL EXAMINATIONS			
AR	FIRAL EXAMINATIONS				

	BI MONTHLY DISTRIBUTION PHYSICS CLASS 12 SESSION 2025-26				
MONT		PRACTICALS	ACTIVITIES		
APRIL- I	AAY 1. Electrostati 2. Current Electricity	 To determine resistance per uni length of a given wire by plotting a graph of potential difference versu current. To find resistance of a given wir using meter bridge and hence determine the specific resistance of its material. 	and that like charges repel and unlike charges attract each other. 2. To assemble the components of a given electrical circuit. 3. To draw the diagram of a given open circuit comprising at least a battery, resistor rheostal key ammeter and volt meter. Mark the		
	Suc	•	components that are not connected in proper order and correct the circuit and also the circuit agram. 4. To assemble a household circuit comprising three, bulbs, three (on/off) switches, a – fuse and a power source. 5. To study the variation in potential drop with length of a wire for a steady current. 6. To measure resistance, voltage (AC/DC), current (AC) and check continuity of a given circuit using multimeter. 7. To demonstrate (i) The use of an improvised fuse that melts withe flow of a certain current through it and		
JULY- AUGUST	3, Magnetic Effect of Current and Magnetism 4. Electro- magnetic Induction and Alternating Current 5. Electro- magnetic Waves	3. To determine resistance of a galvanometer by half-deflection method and to find its figure of merit. 4. To convert the given galvanometer of known resistance and figure of merit into an ammeter and voltmeter of desired range and to verify the same. ()	(ii) Different kinds of fuses used in everyday lift 8. To demonstrate that a current measuring device has finite non- zero resistance. (measurement of resistance of an ammeter). 9. To demonstrate that a voltage measuring device has non- infinite resistance (measurement of resistance of a voltmeter). 10. To show the magnetic field lines with the help of iron fillings of bar magnet solenoid. 11. To measure the resistance and impedance of an inductor with or without iron core. 12. To show the production of induced emf. in a coil due to movement of (i) a magnet toward and away from it (ii) similar coil carrying current towards & away from it. 13. To demonstrate that a large emf is induced when direct current is switched off in an inductive circuit.		
SEPTEMBE	R	REVISION & EXA	14. To demonstrate that a large emf is induce when direct current is switched off in an inductive circuit. 15. Make a solenoid for study of its magnetic field.		
OCTOBER- NOVEMBER	6. Optics	5. To find the value of v for different values of u in case of a concave mirror and find their focal length. 6. To find the focal length of a convex lens by plotting graphs between u and v or between 1/u and I/v. 7. To find the local length of a convex mirror, using a convex lens.	16. To observe refraction and lateral deviation of a beam of light incident obliquely on a glass stab. 17. To study the nature arid size of the image formed by (i) convex lens (ii) concave mirror, on a screen by using a candle and a screen (for different distances of the candle from the lens/mirror). 18. To obtain a lens combination with the		
		8. To find the focal length of a concave lens, using a convex lens. 9. To determine angle of minimum deviation for a given prism by plotting a graph between angle of incidence and angle of deviation. 10. To determine the reflective index of a glass slab using a traveling microscope. 11. To find refractive index of a liquid by using (i) Concave mirror.	specified focal length by using two lenses from the given set of lenses. 19. To observe polarization of light using two Polaroids. 20. To observe diffraction of light due to a thin slit.		
DECEMBER	9. Electronic Devices	bias and reverse bias.	21. To identify a diode, a resistor and a capacitor from mixed collection of such items. 22. Use of multimeter to (i) identify base of transistor, (ii) distinguish between npn ad pnp type transistors, (iii) see the unidirectional flow of current in case of a diode and an LED. iv) Check whether a given electronic component		
ANUARY- EBRUARY		REVISION & PRE-BOARD			

Class11th (2025-26)

BI-MONTHTY DISTRIBUTION OF SYLLABUS (CHEMISTRY)

MONTH	CLASS	UNIT/CHAPTER	
		CHAPIER	Experiments/Activities .
APRIL-	11th	CHARTE	
MAY2025	1	CHAPTER1: SOME	Basic Laboratory Techniques
		BASIC CONCEPTS	1. Cutting class to
1 '	1	OF CHEMISTY	Cutting glass tube and glass red
	1		a glass tube
		CHADTER	Urawing out a glass ist
	1	CHAPTER3:	1 To Boring a cost
	1	CLASSIFICATION (Quantitative Estimation
		I ELEMENTS AND	1. Using a chemical balance.
		PERIOICITY IN	2. Preparation of all palance.
		PROPERTIES	2. Preparation of standard solution of oxalic acid Determination of strength of
	1		3. Determination of strength of a given solution of sodium hydroxide by titrating it against at
	1		sodium hydroxide by titrating it against standard solution of oxalic acid.
			, , , and along,
	1		
	1		
	1		5. Determination of strength of a given solution of hydrochloric acid by titrating it against at a
ULY -	4400		hydrochloric acid by titrating it against standard sodium carbonate solution.
UGUST	11th	CHAPTER 2:	carbonate solution.
025		STRUCTURE OF	Anyone of the following
02 0		ATOM CHAPTER	Determination of pH of some solutions obtained from fruit juices, solution of known and veried.
	1	CHAPTER 4:	fruit juices, solution of known and varied concentrations of acids, bases and salts using places.
•		CHEMICAL	of acids, bases and salts using pH paper or universal indicator.
	. 1	BONDING AND	indicator.
1		MOLECULAR	2• Comparing the pH of solutions of strong and weak acid of same concentration
		STRUCTURE	acid of same concentration.
1	1.	CHAPTER 7:	3° Study the pH change in the start
1	11	REDOX. REACTIONS	using Universal indicator.
		NEACHONS	4. Study of pH change by comment
PTEMBER	11th		weak acids and weak bases.
25		·	REVISION AND
		HAPTER 5:	EXAMINATION
- 1	17	HERMODYNAMICS	Qualitative Analysis
1	lċ		7.1 Determination of any
1	١ŏ	DO 44115	given salt Cations- Pb2+, Cu+2, As3+, A13+, Fe3+,
1		HEMISTRY: SOME	Mn2+, Ni2+, Zn2+, Co2+ Ca2+, Sr2+, Ba2+, Mg2+,
- 1	R		
	AN		Anions
1	18		CO ₃ ² ,S ² ,SO ₃ ² ,SO ₄ ² ,NO ₂ -,NO ₃ -,CL-,Br-,1-,
1	5,		
1		1 -	1
1	1		Detection of nitrogen, sulphur, chlorine in
		ADTES	igarino compountos
1	CH	AFIERO:	Chemical Equilibrium
1	EQ	UILIBRIUM C	one of the following experiments:
- 1	1	1	Study the shift in anythin
1	1		
- 1	1	CC	nd thiocyanate ions by increasing/decreasing the oncentration of either ions.
	1	(2)	The state of cities loss
1	1	12)	Study the shift in equilibrium between
		100	The color of the c
RY 11th			TO THE WOOD OF EIGHT OF THE IONE
1	1	, KE	VISION AND PRE-
	1	l B	PARD EXAM
ARY	11th		
1		SION AND	
1	EINIA	L EXAM	·
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2025-26
BI-MONTHTY DISTRIBUTION OF SYLLABUS Class 12th (CHEMISTRY)

			- Diotrabotion	OF STEEABOS Class 12th (CHEMISTRY)	
	MONTH	CLASS	UNIT/CHAPTER	Experiments/ Activities	
	APRIL – MAY 2025	12th	CHAPTER 1: SOLUTION CHAPTER 2: ELECTROCHEMISTRY CHAPTER 3: CHEMICAL KINETICS	Volumetric Analysis Experiment: Determination of Concentration/ Molarity of KMnO4, solution by titrating it against a standard Solution of Oxalic acid. Experiment: Determination of concentration/ Molarity of KMnO4, solution by titrating it against a standard Solution of Ferrous ammonium sulphate Chemical Kinetics Experiment: Effect of concentration and temperature on the rate of reaction between sodium thiosulphate and hydrochloric acid. Experiment: Study of reaction rates of any one of the following: i.) Reaction of iodide ion with hydrogenperoxide at room temperature using different concentration of iodide ions ii.) Reaction between potassium iodate, KIO3, and sodium sulphite: (Na2SO3) using starch solution as indicator (clock reaction) Electrochemistry Experiment: Variation of cell potential in Zn/Zn+2//Cu+2/Cu with change in concentration of electrolytes (CuSO4 or ZnSO4 at room temperature.	
	JULY - AUGUST 2025	12th	CHAPTER 4: d AND f BLOCK ELEMENTS CHAPTER 5: COORDINATION COMPOUNNDS CHAPTER 10: BIOMOLECULES	Preparation of Inorganic Compounds Experiment: Preparation of double salt of Ferrous Ammonium Sulphate or potash alum. Experiment: Preparation of potassium ferric oxalate. Qualitative analysis: Experiment: Determination of one cation and one anion in a given salt. Cations- Pb2+, Cu2+, As3+, Ai3+, Fe3+, Mn 2+, Zn2+, Co2+, Ni 2+, Ca2+, Sr2+, Ba2+, Mg2+, NH4 + Anions-: (CO3) 2-, S2-, (SO3) 2-, (NO2) -, (SO4) 2-, Ce-, Br-, I-, PO-, (C2O4) 2-, CH3COO-, NO-3 Experiment: Study of carbohydrates, fate and proteins in pure	
3	SEPTEMBER 2025	12th	REVISION AND EXAMINATION	form and detection of their presence in given food stuffs	
	OCTOBER NOVEMBER. 2025	12th	CHAPTER 6: HALOALKANES AND HALOARENES CHAPTER 7: ALCOHOL, PHENOL AND ETHERS CHAPTER 8: ALDEHYDE, KETONES AND CARBOXYLIC ACID	Experiment: Test for the functional groups present in organic compounds: Unsaturation, alcoholic, pheholic, aldehydic, ketonic, carboxylic and amino (primary) groups Activity 1. Study of quantity of casein present in different samples of milk. Activity 2. Preparation of soyabean milk and its comparison with the natural milk with respect to curd formation, effect of of temperature etc. Activity 3. Study of common food adulterants in mashed potatoes or sweet potatoes, Ghee and Milk. Activity 4. Extraction of essential oils present in saunf (aniseed), Ajwain (carum) illaichi (cardamom)	
C	ECEMBER 2025	12th		Activity 5. Study of acidity of fruit and vegetable juices. Activity 6. To study the difference between primary and secondary cell. Activity 7. To study the effect of acids and bases on the tensile strength of cotton, wood and Nylon Activity 8. Study of adsorption and absorption	
	JANUARY ' 2026		REVISION AND PRE- BOARD EXAM	and aboutpulli	
F	EBRUARY 2026		REVISION AND FINAL EXAM		

BI MONTHLY DISTRIBUTION BIOLOGY SESSION 2025-26

MONTH UNIT DIVERSITY IN THE LIVING WORLD Chapter 1: The Living World Chapter 2: Biological Classification. Chapter 3: Plant Kingdom Chapter 4: Animal Kingdom Chapter 5: Plant Kingdom Chapter 4: Animal Kingdom Chapter 5: Plant Kingdom Chapter 5: Plant Kingdom Chapter 6: Animal Kingdom Chapter 6: Morphology of Flowering Plants Chapter 6: Morphology of Flowering Plants Chapter 7: Sinception (Plants Chapter 6: Anatomy of Flowering Plants Chapter 7: Sinception (Plants Chapter 6: Mantomy of Flowering Plants Chapter 7: Sinception (Plants Chapter 6: Mantomy of Flowering Plants Chapter 7: Sinception (Plants Chapter 6: Sinception (Plants Chapter 6: Chapter 6: Sinception (Plants Chapter 7: Sinception (Plants Chapter 6: Sinception (Plants Chapter 6: Sinception (Plants Chapter 7: Sinception (Plants Chapter 7: Sinception (Plants Chapter 6: Sinception (Plants Chapter 6: Mantomy of Flowering Plants Chapter 7: Sinception (Plants Chapter 6: Mantomy of Flowering Plants Chapter 7: Sinception (Plants Chapter 7: Sinception (Plants Chapter 6: Mantomy of Flowering Plants Chapter 7: Sinception (Plants Chapter 7: Sinception (Plants Chapter 6: Mantomy of Flowering Plants Chapter 7: Sinception (Plants Chapt	SESSION 2025-26				
APRIL-MAY UNIT DIVERSITY IN THE LIVING WORLD		CLASS 11th			
Chapter 1: The Living World Chapter 2: Biological Classification. Chapter 3: Plant Kingdom Chapter 4: Animal Kingdom Chapter 5: Animal Kingdom Chapter 5: Animal Kingdom Chapter 5: Animal Kingdom Chapter 6: Animal Kingdom Chapter 7: Structural Organisation in Animals Chapter 7: Structural Organisation in Animals Chapter 7: Structural Organisation in Animals Chapter 8: Cell: The Unit of Life Chapter					
JULY- AUGUST (BIMONTHLY CLASS TEST 1 SYLLABUS UPTO JULY 15 th) UNIT II STRUCTURAL ORGANISATION IN PLANTS AND ANIMALS UNIT II STRUCTURAL ORGANISATION IN PLANTS AND ANIMALS UNIT III CELL : STRUCTURE AND Flunctions Plants Chapter 6: Anatomy of Flowering Plants Chapter 7: Structural Organisation in Animals UNIT III CELL : STRUCTURE AND FUNCTIONS Chapter 8: Cell: The Unit of Life Chapter 9: Biomolecules Chapter 10: Cell Cycle and Cell Division SEPTEMBER REVISION & TERM! EXAMINATIONS UNIT IV PLANT PHYSIOLOGY Chapter 11: Photosynthesis in Higher PlantsChapter 12: Respiration in Plants Chapter 13: Plant Growth and Development UNIT VHUMAN PHYSIOLOGY Chapter 14: Breathing and Exchange of Gases Chapter 15: Body Fluids and Circulation Chapter 16: Excretory Products and their Elimination DECEMBER (TERM II EXAMINATIONS) UNIT VHUMAN PHYSIOLOGY Chapter 17: Lecomotion and Movement Chapter 18: Neural Control and Coordination (TERM II EXAMINATIONS) UNIT VHUMAN PHYSIOLOGY Chapter 17: Lecomotion and Movement Chapter 18: Neural Control and Coordination (TERM II EXAMINATIONS) UNIT VHUMAN PHYSIOLOGY Chapter 19: Chemical Coordination and Integration TEBRUARY (TERM II EXAMINATIONS) UNIT VHUMAN PHYSIOLOGY Chapter 19: Chemical Coordination and Integration TEBRUARY (TERM II EXAMINATIONS) UNIT VHUMAN PHYSIOLOGY Chapter 19: Chemical Coordination and Integration		WORLD Chapter 1: The Living World Chapter 2: Biological Classification. Chapter 3: Plant Kingdom	Specimens/Slides/ models and identifying features of Bacteria, Oscillatoria, Spirogyra, Rhizopus, mushroom, yeast, liverwort, moss, fern, pine, one monocotyledon plant, one dicotyledonous plant and one lichen.		
AUGUST SYLLABUS UPTO JULY 15 th UNIT II STRUCTURAL ORGANISATION IN PLANTS AND ANIMALS Chapter 5: Morphology of Flowering Plants Chapter 6: Anatomy of Flowering Plants Chapter 7: Structural Organisation In Animals UNIT III CELL: STRUCTURE AND FUNCTIONS UNIT IV CELL: STRUCTURE AND FUNCTIONS Chapter 8: Cell: The Unit of Life Chapter 9: Biomolecules Chapter 10: Cell Cycle and Cell Division SEPTEMBER REVISION & TERMI EXAMINATIONS COTOBER- NOVEMBER OCTOBER- NOVEMBER CINIT IV PLANT PHYSIOLOGY Chapter 11: Photosynthesis in Higher PlantsChapter 12: Respiration in Plants Chapter 13: Plant Growth and Development UNIT VHUMAN PHYSIOLOGY Chapter 14: Breathing and Exchange of Gases Chapter 15: Body Fluids and Circulation Chapter 16: Excretory Products and their Elimination DECEMBER DECEMBER CINIT VHUMAN PHYSIOLOGY Chapter 16: Excretory Products and their Elimination DECEMBER DECEMBER CINIT VHUMAN PHYSIOLOGY Chapter 17: Locomotion and Movement Chapter 18: Neural Control and Coordination CIERT III EXAMINATIONS JANUARY (TERM II EXAMINATIONS) UNIT VHUMAN PHYSIOLOGY Chapter 19: Chemical Coordination and Integration TEBRUARY REVISION REVISION IN 18 STRUCTURAL ORGANISATION Flowering flants Chapter 7: Structural Organisation in Animals adventitious; type of stem florate and adventitious; type of form motorot roots and stems formination and integration family Solanaceae (Poaceae, Asteraceae, or Brassicaceae can be ubstituted in case of particular geographical location, and individual dissertion and disparately of floral motoral peopraphy of foral whorapy of floral whorapy of floral whorapy of floral whorapy of floral whorapy of foral microlation and individual manages/models only. I Human skeleton and different types of joints with the help of virtual images/models only. I Human skeleton and different types of joints with the help of virtual images/models only.			Amoeba, Hydra, liverfluke, Ascaris, leech, earthworm, prawn, silkworm, honeybee, snail, starfish, shark, Rohu, frog, lizard, pigeon and rabbit.		
SEPTEMBER REVISION & TERM I EXAMINATIONS OCTOBER-NOVEMBER UNIT IV PLANT PHYSIOLOGY Chapter 11: Photosynthesis in Higher PlantsChapter 12: Respiration in Plants Chapter 13: Plant Growth and Development UNIT V HUMAN PHYSIOLOGY Chapter 14: Breathing and Exchange of Gases Chapter 15: Body Fluids and Circulation Chapter 16: Excretory Products and their Elimination DECEMBER UNIT V HUMAN PHYSIOLOGY Chapter 18: Neural Control and Coordination DECEMBER UNIT V HUMAN PHYSIOLOGY Chapter 19: Chemical Coordination and Integration TEBRUARY REVISION EMANINATIONS UNIT V HUMAN PHYSIOLOGY Chapter 19: Chemical Coordination and Integration EBRUARY REVISION 1. Study of smosis by potato osmometer. 2. Study of plasmolysis in epidermal peels (e.g. Rhoeo/lily leaves or fleshy scale leaves of onion bulb) 3. Comparative study of the rates of transpiration in the upper and lower surfaces of leaves. 4. Separation of plant pigments through paper chromatography. 5. Study of the rate of respiration in flower buds/leaf tissue and germinating seeds. 6. Test for the presence of sugar in urine. 7. Test for the presence of albumin in urine. 8. Test for the presence of bile salts in urine. 9. Test for the presence of bile salts in urine. 11. Human skeleton and different types of joints with the help of virtual images/models only. [SYLLABUS UPTO JULY 15th) UNIT II STRUCTURAL ORGANISATION IN PLANTS AND ANIMALS Chapter 5: Morphology of Flowering Plants Chapter 6: Anatomy of Flowering Plants Chapter 7: Structural Organisation in Animals UNIT III CELL: STRUCTURE AND FUNCTIONS Chapter 8: Cell: The Unit of Life Chapter 9: Biomolecules	tamily Solanaceae (Poaceae, Asteraceae, or Brassicaceae can be substituted in case of particular geographical location) including dissection and display of floral whorls, anther and ovary to show number of chambers (floral formulae and floral diagrams), type of root (tap and adventitious); type of stem (herbaceous and woody); leaf arrangement, shape, venation, simple and compound). 2. Preparation and study of T.S. of Dicot and monocot roots and stems (primary). 3. Study of distribution of stomata on the upper and lower surface of leaves. 4. Test for the presence of sugar, starch, proteins and fats in suitable plant and animal materials. 5. Mitosis in onion root tip cells and animal cells (grasshopper) from		
OCTOBER- NOVEMBER (BIMONTHLY CLASS TEST 2 IN LAST WEEK OF NOVEMBER) UNIT IVPLANT PHYSIOLOGY Chapter 11: Photosynthesis in Higher PlantsChapter 12: Respiration in Plants Chapter 13: Plant Growth and Development UNIT V HUMAN PHYSIOLOGY Chapter 14: Breathing and Exchange of Gases Chapter 15: Body Fluids and Circulation Chapter 16: Excretory Products and their Elimination DECEMBER UNIT V HUMAN PHYSIOLOGY Chapter 16: Excretory Products and Movement Chapter 18: Neural Control and Coordination COORDINATIONS) UNIT V HUMAN PHYSIOLOGY Chapter 17: Locomotion and Movement Chapter 18: Neural Control and Coordination JANUARY (TERM II EXAMINATIONS) UNIT V HUMAN PHYSIOLOGY Chapter 19: Chemical Coordination and Integration [Integration] 1. Study of plasmolysis in epidermal peels (e.g. Rhoeo/lily leaves or fleshy scale leaves of onion bulb) 3. Comparative study of the rates of transpiration in the upper and lower surfaces of leaves. 4. Separation of plant pigments through paper chromatography. 5. Study of the rate of respiration in flower buds/leaf tissue and germinating seeds. 6. Test for the presence of urea in urine. 7. Test for the presence of bile salts in urine. 8. Test for the presence of bile salts in urine. 9. Test for the presence of bile salts in urine. 1. Human skeleton and different types of joints with the help of virtual images/models only. (TERM II EXAMINATIONS) UNIT V HUMAN PHYSIOLOGY Chapter 19: Chemical Coordination and Integration [Integration]			6. Different types of inflorescence (cymose and racemose).		
LAST WEEK OF NOVEMBER) UNITIVPLANT PHYSIOLOGY Chapter 11: Photosynthesis in Higher PlantsChapter 12: Respiration in Plants Chapter 13: Plant Growth and Development UNITIVPLANT PHYSIOLOGY Chapter 14: Breathing and Exchange of Gases Chapter 15: Body Fluids and Circulation Chapter 16: Excretory Products and their Elimination DECEMBER UNITVHUMAN PHYSIOLOGY Chapter 16: Excretory Products and their Elimination DECEMBER UNITVHUMAN PHYSIOLOGY Chapter 18: Neural Control and Coordination JANUARY (TERM II EXAMINATIONS) UNITVHUMAN PHYSIOLOGY Chapter 19: Chemical Coordination and Integration RESIZION 1. Study of Isamolysis in epidermal peels (e.g. Rhoeo/lily leaves or fleshy scale leaves of onion bulb) 3. Comparative study of the rates of transpiration in the upper and lower surfaces of leaves. 4. Separation of plant pigments through paper chromatography. 5. Study of the rate of respiration in flower buds/leaf tissue and germinating seeds. 6. Test for the presence of sugar in urine. 7. Test for the presence of albumin in urine. 8. Test for the presence of bile salts in urine. 9. Test for the presence of bile salts in urine. 1. Human skeleton and different types of joints with the help of virtual images/models only. [Instruction of plant pigments through paper chromatography. 5. Study of the rates of transpiration in the upper and leaves. 4. Separation of plant pigments through paper chromatography. 5. Study of the rates of transpiration in the upper and leaves. 4. Separation of plant pigments through paper chromatography. 5. Study of the rates of reaves. 4. Separation of plant pigments through paper chromatography. 5. Test for the presence of sugar in urine. 7. Test for the presence of albumin in urine. 8. Test for the presence of albumin in urine. 9. Test for the presence of albumin in urine. 9. Test for the presence of albumin in urine. 9. Test for the presence of albumin in urine. 9. Test for the presence of albumin in urine. 9. Test for the presence of albumin in urine. 9. Test for the presence of albumin in		REVISION & TERM I EXAMINATIONS			
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UNITY HUMAN PHYSIOLOGY Chapter 19: Chemical Coordination and Integration FEBRUARY REVISION		Chapter 17 : Locomotion and Movement Chapter 18 : Neural Control and	1. Human skeleton and different types of joints with the help of virtual images/models only.		
	JANUARY	UNITY HUMAN PHYSIOLOGY Chapter 19 : Chemical Coordination and Integration	(
MARCH FINAL EXAMINATIONS					
	MARCH	FINAL EXAMINATIONS			

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BI MONTHLY DISTRIBUTION BIOLOGY SESSION 2025-26

CLASS 12th			
MONTH	(UNIT/CHAPTER)	PRACTICALS	
APRIL-MAY	UNIT I REPRODUCTION Chapter 1 : Sexual Reproduction in Flowering Plants Chapter 2 : Human Reproduction Chapter 3 : Reproductive Health UNIT II GENETICS AND EVOLUTION Chapter 4 : Principles of Inheritance and Variation	1. Study pollen germination on a slide. (Make temporary mount). 2. Pollen germination on stigma through a permanent slide. 3. Prepare a temporary mount of onion root tip to study mitosis. 4. Flowers adapted to pollination by different agencies (wind, insects, and birds). 5. Identification of stages of gamete development, i.e. T.S of testis and T.S of overy through permanent slides (from grasshopper/mice). 6. T.S of blastula through permanent slides.(Mammalian) 7. Controlled pollination — emasculation, tagging and bagging. 8. Mendelian inheritance using seeds of different colour/sizes of any plant.	
JULY- AUGUST	(BIMONTHLY CLASS TEST I SYLLABUS UPTO JULY 15th) UNIT II GENETICS AND EVOLUTION Chapter 5: Molecular Basis of Inheritance Chapter 6: Evolution UNIT III BIOLOGY IN HUMAN WELFARE Chapter 7: Human Health and Disease Chapter 8: Microbes in Human Welfare	1. Isolate DNA from available plant material such as spinach, green pea seeds, papaya, etc. 2. Meiosis in onion bud cell or grasshopper testis through permanent slides. 3. Prepared pedigree charts of any one of the genetic traits such as rolling tongue, blood groups, ear lobes, widow's peak and colour blindness. 4. Common disease causing organisms like Ascaris, Entamoeba, Plasmodium, any fungus causing ringworm through permanent slides or specimens. Comment on symptoms of diseases that they cause. *Study effect of different temperatures and three different pH on the activity of salivary amylase on starch.	
SEPTEMBER	REVISION & TERM I EXAMINATION	S	
OCTOBER- NOVEMBER	(BIMONTHLY CLASS TEST 2 IN LAST WEEK OF NOVEMBER) UNIT IV BIOTECHNOLOGY Chapter 9 : Biotechnology : Principles andProcesses Chapter 10 : Biotechnology and its Applications UNIT V ECOLOGY Chapter 11 : Organisms and Populations Chapter 12 : Ecosystem	1. Collect study soil from at least two different sites and study I them for texture, molsture content, pH and water holding capacity. Correlate with the kinds of plants found in them. 2. collect water from two different water bodies around you and study them for pH, clarity and presence of any living organism. 3. Study the plant population density by quadrate method. 4. Study the plant population frequency by quadrate method. 5. Two plants and two animals (models/virtual images) found in xeric conditions. Comment upon their morphological adaptations 6. Two plants and two animals (models/virtual images) found in aquatic conditions. Comment upon their morphological adaptations.	
DECEMBER	UNIT V ECOLOGY Chapter 13: Biodiversity and Conservation	Study the presence of suspended particulate matter in air at two widely different sites.	
JANUARY	REVISION & PRE-BOARD EXAMINATION	NS .	
FEBRUARY	BOARD EXAMINATIONS		
MARCH	BOARD EXAMINATIONS		