

# ਦਫਤਰ ਡਾਇਰੈਕਟਰ ਸਿੱਖਿਆ ਵਿਭਾਗ (ਸੈ.ਸਿ.) ਪੰਜਾਬ

ਕੰਪਲੈਕਸ ਪੰਜਾਬ ਸਕੂਲ ਸਿੱਖਿਆ ਬੋਰਡ (ਫੇਜ਼-8), ਸਾਅਸ ਨਗਰ  
(ਸਪੋਰਟਸ ਸਾਖਾ)

ਵੱਲ

ਸਮੂਹ ਜਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ (ਸੈ.ਸਿ.)।

ਸਮੂਹ ਸਕੂਲ ਮੁੱਖੀ, ਪੰਜਾਬ।

ਈ.ਫਾਈਲ ਨੰ. 116390

ਮਿਤੀ ਐਸ.ਏ.ਐਸ. ਨਗਰ: 16-11-2022

ਵਿਸ਼ਾ: Fit India Quiz 2022 ਲਈ ਰਜਿਸਟ੍ਰੇਸ਼ਨ ਕਰਵਾਉਣ ਦੀ ਅੰਤਿਮ ਮਿਤੀ ਵਿੱਚ ਕੀਤੇ ਵਾਧੇ ਸਬੰਧੀ  
ਯਾਦ ਪੱਤਰ।

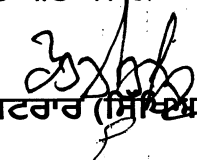
ਉਪਰੋਕਤ ਵਿਸ਼ੇ ਦੇ ਸਬੰਧ ਵਿੱਚ ਲਿਖਿਆ ਜਾਂਦਾ ਹੈ ਕਿ Mission Director (Fit India) O/o Sports  
Authority of India, Fit India Mission ਵੱਲੋਂ ਮਿਤੀ 14-11-2022 ਦਾ ਪੱਤਰ ਪ੍ਰਾਪਤ ਹੋਇਆ ਹੈ (ਪੱਤਰ  
ਨੱਥੀ ਹੈ)

ਆਪ ਪਹਿਲਾਂ ਹੀ ਜਾਣੂ ਹੋ ਕਿ Fit India Quiz 2022 ਲਈ ਰਜਿਸਟ੍ਰੇਸ਼ਨ ਪੂਰੇ ਭਾਰਤ ਦੇ ਸਾਰੇ  
ਸਕੂਲਾਂ ਲਈ ਖੁੱਲੀ ਹੈ। ਇਸ Quiz ਲਈ ਸਬੰਧਤ ਸਕੂਲ ਵੱਲੋਂ Fit India ਦੀ ਵੈਬਸਾਈਟ  
([www.fitindia.gov.in](http://www.fitindia.gov.in)) ਉੱਤੇ ਉਪਲੱਭਯ ਲਿੰਕ ਤੇ ਘੱਟੋ-ਘੱਟ 02 ਵਿਦਿਆਰਥੀ ਦੀ ਰਜਿਸਟ੍ਰੇਸ਼ਨ ਕਰਨੇ ਲੋੜੀਂਦੇ  
ਹਨ। ਸਕੂਲ 02 ਵਿਦਿਆਰਥੀਆਂ ਤੋਂ ਜਿਆਦਾ ਦੀ ਵੀ ਰਜਿਸਟ੍ਰੇਸ਼ਨ ਕਰ ਸਕਦੇ ਹਨ। ਸਿੰਗਲ ਸਕੂਲ ਵੱਲੋਂ Fit  
India Quiz ਲਈ ਰਜਿਸਟ੍ਰੇਸ਼ਨ ਕੀਤੇ ਜਾਣ ਵਾਲੇ ਵਿਦਿਆਰਥੀਆਂ ਵਾਸਤੇ ਕੋਈ ਗਿਣਤੀ ਸੀਮਤ ਨਹੀਂ ਹੈ।  
ਸਰਕੂਲਰ ਅਨੁਸਾਰ ਹਰ ਇੱਕ ਵਿਦਿਆਰਥੀ ਦੀ ਰਜਿਸਟ੍ਰੇਸ਼ਨ ਕਰਨ ਸਮੇਂ 50/- ਰੁਪਏ ਪ੍ਰਤੀ ਵਿਦਿਆਰਥੀ  
ਰਜਿਸਟ੍ਰੇਸ਼ਨ ਫੀਸ ਭਰੀ ਜਾਣੀ ਹੈ। ਸਕੂਲ ਵੱਲੋਂ ਇਹ ਰਜਿਸਟ੍ਰੇਸ਼ਨ ਅਤੇ ਫੀਸ Fit India ਦੀ ਵੈਬਸਾਈਟ ਉੱਪਰ  
ਦਿੱਤੇ ਰਜਿਸਟ੍ਰੇਸ਼ਨ ਲਿੰਕ ਤੇ ਹੀ ਭਰੀ ਜਾਣੀ ਹੈ। ਇਹ ਫੀਸ ਭਰਨ ਉਪਰੰਤ ਹੀ ਰਜਿਸਟ੍ਰੇਸ਼ਨ ਮੰਨੀ ਜਾਵੇਗੀ।

ਇਸ ਲਈ ਸਮੂਹ ਜਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ (ਸੈ.ਸਿ.) ਅਤੇ ਸਮੂਹ ਸਕੂਲ ਮੁੱਖੀਆਂ ਨੂੰ ਮੁੜ Mission  
Director (Fit India) O/o Sports Authority of India (Northern Regional Centre, Sonapat) ਵੱਲੋਂ  
ਮਿਤੀ 14-11-2022 ਦੇ ਪੱਤਰ ਦੇ ਅਧਾਰ ਤੇ ਲਿਖਿਆ ਜਾਂਦਾ ਹੈ ਕਿ Fit India Quiz 2022 ਲਈ ਇਹ  
ਰਜਿਸਟ੍ਰੇਸ਼ਨ ਕਰਵਾਉਣ ਦੀ ਮਿਤੀ 15-11-2022 ਤੋਂ ਵਧਾ ਕੇ ਅੰਤਿਮ ਮਿਤੀ 20-11-2022 ਤੱਕ ਕਰ ਦਿੱਤੀ  
ਗਈ ਹੈ। Fit India Quiz 2022 ਲਈ ਰਜਿਸਟ੍ਰੇਸ਼ਨ ਕਰਵਾਉਣ ਦਾ Criteria ਵੀ ਪਹਿਲਾਂ ਵਾਲਾ ਹੀ ਹੈ।  
ਜਿਹੜੇ ਸਕੂਲਾਂ ਵੱਲੋਂ ਅਜੇ ਤੱਕ ਰਜਿਸਟ੍ਰੇਸ਼ਨ ਨਹੀਂ ਕਰਵਾਈ ਗਈ ਉਹ ਸਕੂਲ ਮਿਤੀ 20-11-2022 ਤੋਂ ਪਹਿਲਾਂ-  
ਪਹਿਲਾਂ ਰਜਿਸਟ੍ਰੇਸ਼ਨ ਕਰਵਾ ਸਕਦੇ ਹਨ।

ਨੱਥੀ: 1) ਉਕਤ ਅਨੁਸਾਰ।

2) Fit India Quiz 2022 ਦੀਆਂ ਗਾਈਡਲਾਇਨਜ਼ ਨੱਥੀ ਕੀਤੀਆਂ ਜਾਂਦੀਆਂ ਹਨ ਅਤੇ ਵਧੇਰੇ ਜਾਣਕਾਰੀ  
ਲਈ Fit India ਦੀ website ([www.fitindia.gov.in](http://www.fitindia.gov.in)) ਉੱਤੇ ਵਿਜਿਟ ਕੀਤਾ ਜਾਵੇ।

  
ਰਜਿਸਟਰਾਰ (ਸਿੱਖਿਆ ਵਿਭਾਗ)

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**F. No. 12-1/2020-IS-4**  
**Government of India**  
**Ministry of Education**  
**Department of School Education & Literacy**

Shastri Bhawan, New Delhi  
Dated: 15<sup>th</sup> November, 2022

To

The Additional Chief Secretary/Principal Secretary/Secretary (Education), of all  
States / UTs

**Subject: - FIT India Quiz, 2022 -reg**

Madam/Sir,

Please refer to Sports Authority of India (SAI)'s letter No. 19-2/FIT  
INDIA/QUIZ/2022 dated 14.11.2022 regarding the FIT India Quiz, 2022.

2. SAI has informed that the last date for the Fit India Quiz 2022 school  
registration has been extended to **20.11.2022** for enabling maximum number of  
schools and students to register for participation. The schools to register themselves  
on fit India portal and nominate minimum 2 students and there is no upper limit on  
number of students to be nominated. The registration of the schools shall be  
considered completed only if they have nominate students and paid the required  
fees per students.

3. It is therefore requested to circulate/disseminate the above information about  
extension of the last date of registration with all the schools in your State/UT so that  
schools which have not registered yet can register for Fit India Quiz. In case of any  
query please contact Sh. Anurag (mobile no. 9910014097) OR SAI helpline no.  
18002025155 and Email-ID: [contact@fitindia.gov.in](mailto:contact@fitindia.gov.in) .

Encl : As above

Yours faithfully,

  
(Vinod Krishan Verma)  
Director  
Tel.01123384582  
Vinodk.verma@nic.in

Copy to: (For information and necessary action.)

1. The Chairperson, Central Board of Secondary Education,
2. The Commissioner, Kendriya Vidyalaya Sangathan,
3. The Director, Central Tibetan Schools Administration (CTSA)
4. The Chairman, National Institute of Open Schooling (NIOS)
5. The Commissioner, Navodaya Vidyalaya Samiti (NVS)
6. The Director, National Council of Education Research and Training
7. The Chairman, Council for the Indian School Certificate Examination (CISCE)
8. The Mission Director, FIT India



Government of India  
Ministry of Youth Affairs and Sports



**SPORTS AUTHORITY OF INDIA  
FIT INDIA MISSION**

**Jawaharlal Nehru Stadium,  
1<sup>st</sup> Floor (Near Ramp No. 5)  
Lodhi Road, New Delhi – 110003  
Email: [contact@fitindia.gov.in](mailto:contact@fitindia.gov.in)  
Dated: 14/11/2022**

F. No. 19-2/FIT INDIA/QUIZ/2022

**CIRCULAR**

**Subject: Extension of Registration Dates for Fit India Quiz 2022**

1. In continuation to the circular of even number dated 22.08.2022 and 11.10.2022 on Fit India Quiz 2022, regarding the school registration for Fit India Quiz 2022, it is to inform that the last date for the Fit India Quiz 2022 school registration has been extended to 20.11.2022 for enabling maximum number of schools and students to register for participation.
2. The schools to register themselves on <https://fitindia.nta.ac.in/> and nominate minimum 2 students. It is to be noted that there is no upper limit on number of students to be nominated, hence the school can nominate as many students who are interested to participate in the Fit India Quiz 2022.
3. The registration of the schools shall be considered completed only if they have nominate students and paid the required fees of Rs. 50 per student. The school to keep a copy of payment proof and confirmation page after completing the registration for their records.

(Ekta Vishnoi)

Mission Director (Fit India)

**To:**

Principal Secretary/Secretary in charge of School Education Department of States/UTs

**Copy to:**

1. Joint Secretary, D/o School Education and Literacy, Ministry of Education, Government of India
2. Principal Secretary/Secretary in charge of Sports Department of States/UTs
3. The Chairperson, Central Board of Secondary Education
4. The Commissioner, Kendriya Vidyalaya Sangathan
5. The Commissioner, Navodaya Vidyalaya Samiti
6. The Chairperson, Council for the Indian School Certificate Examinations (CISCE)
7. Director in charge of State School Education Boards of States/UTs

**Copy also for information to:**

1. Sr.PPS to Secretary, D/o School Education and Literacy, Ministry of Education, Govt. of India
2. Sr.PPS to Secretary D/o Sports, Ministry of Youth Affairs and Sports, Govt. of India



Government of India  
Ministry of Youth Affairs and Sports



**SPORTS AUTHORITY OF INDIA  
FIT INDIA MISSION**

Jawaharlal Nehru Stadium,  
1<sup>st</sup> Floor (Near Ramp No. 5)  
Lodhi Road, New Delhi – 110003  
Email: [contact@fitindia.gov.in](mailto:contact@fitindia.gov.in)

F. No. 19-2/FIT INDIA/QUIZ/2022

Dated: 11/10/2022

**CIRCULAR**

**Subject: Extension of Registration Dates for Fit India Quiz 2022**

1. In continuation to the circular of even number dated 22.08.2022 on Fit India Quiz 2022, regarding the school registration for Fit India Quiz 2022, it is to inform that the last date for the Fit India Quiz 2022 registration has been extended from 15.10.2022 to 15.11.2022 for enabling maximum number of schools and students to register for participation.
2. The schools to register themselves on <https://fitindia.nta.ac.in/> and nominate minimum 2 students. It is to be noted that there is no upper limit on number of students to be nominated, hence the school can nominate as many students who are interested to participate in the Fit India Quiz 2022.
3. The registration of the schools shall be considered completed only if they have nominate students and paid the required fees of Rs. 50 per student. The school to keep a copy of payment proof and confirmation page after completing the registration for their records.
4. The dates for the Preliminary rounds shall be communicated to the registered schools and will be made available on Fit India website (<https://fitindia.gov.in/home>) and Fit India Quiz 2022 NTA portal (<https://fitindia.nta.ac.in/>)
5. The remaining criteria and guidelines stated in the circular of even number dated 22.08.2022 on Fit India Quiz 2022 will remain same. It is therefore requested that the Principal Secretary/Secretary in charge of the School Education Department of all State/UT Governments may kindly share this circular with all schools in the state/UT so that maximum students from the state/UT may participate in the Fit India Quiz 2022.

More details of Fit India Quiz are attached as Annexure.

(Ekta Vishnoi)

Mission Director (Fit India)

Encl.: As above

To:

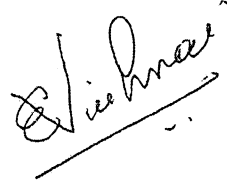
Principal Secretary/Secretary in charge of School Education Department of States/UTs

**Copy to:**

1. Joint Secretary, D/o School Education and Literacy, Ministry of Education, Government of India
2. Principal Secretary/Secretary in charge of Sports Department of States/UTs
3. The Chairperson, Central Board of Secondary Education
4. The Commissioner, Kendriya Vidyalaya Sangathan
5. The Commissioner, Navodaya Vidyalaya Samiti
6. The Chairperson, Council for the Indian School Certificate Examinations (CISCE)
7. Director in charge of State School Education Boards of States/UTs

**Copy also for information to:**

1. Sr.PPS to Secretary, D/o School Education and Literacy, Ministry of Education, Govt. of India
2. Sr.PPS to Secretary D/o Sports, Ministry of Youth Affairs and Sports, Govt. of India

  
Shikhar



**SPORTS AUTHORITY OF INDIA  
FIT INDIA MISSION**

**Jawaharlal Nehru Stadium,  
1<sup>st</sup> Floor (Near Ramp No. 5)  
Lodhi Road, New Delhi – 110003  
Email: [contact@fitindia.gov.in](mailto:contact@fitindia.gov.in)**

F. No. 19-2/FIT INDIA/QUIZ/2022

Dated: 22/08/2022

**CIRCULAR**

**Subject: Fit India School Quiz 2022**

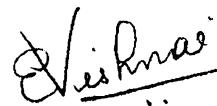
1. The Fit India Movement was launched in August 2019 to popularise fitness as a way of life among citizens. Envisioned as a People's Movement, the endeavour has been to inculcate the philosophy that Fitness is Free, Fun and Easy among citizens of all age groups – from school children to senior citizens.
2. In a bid to further reiterate the need to create awareness about fitness and sports among school children, who are the future of India, the Fit India Mission under the aegis of Sports Authority of India, Ministry of Youth Affairs and Sports has decided to launch second edition of Fit India Quiz for schools across the country.
3. Fit India Quiz 2022 will be launched on 29<sup>th</sup> August 2022 and Launch will be live telecast on Fit India Mission YouTube Channel (<https://www.youtube.com/c/FitIndiaMovement2019>) and Fit India Movement FB Page (<https://www.facebook.com/FitIndiaOff>). The registrations for schools for participation shall begin from 3<sup>rd</sup> September 2022 on Fit India website (<https://fitindia.gov.in/>).
4. The objective of the quiz is to provide a National platform for students to showcase their knowledge about fitness and sports, also endeavours in its philosophy to create awareness among students about India's rich sporting history, including centuries-old indigenous sports, our national and regional sporting heroes of the past and how traditional Indian lifestyle activities hold the key to a Fit Life for all.
5. The quiz is the second edition of the National-Level Quiz for students which will give out a total **cash award of Rs 3.25 crore to schools and students.**
6. The quiz will also be the second edition of the first-ever fitness and sports quiz to be telecast on India's one of the largest sports television channels, Star Sports as well as on the National TV channel. Students who make it to the national round as representatives of their schools will therefore get a chance to showcase their talent before the entire nation.
7. The four rounds of the quiz will include the following:
  - a. **School Round** : To be conducted by the school to select students for registration in the Fit India Quiz Preliminary Round. It is the responsibility of the school that they encourage maximum students to participate in the Fit India Quiz 2022.

- b. **Preliminary Round:** To be a multiple-choice online round conducted by the National Testing Agency (India's premiere examination body that conducts national-level exams such as JEE and NEET). The country-wide quiz will be organised in 13 languages for benefit of students studying in regional-medium schools.
- c. **State Round:** To be conducted by each State/UTs with the support from FIT India Mission amongst Schools qualified after the preliminary round. The detailed process of qualification of the school is described in the annexure. This round will be anchored by a professional quiz master and will be telecast on Fit India Mission social media handles.
- d. **National Round:** Final round in which the winning team of each State/UT will participate and fight for the TOP TITLE of the National Winner of FIT INDIA QUIZ 2022. First Runner Up and Second Runner Up prizes will also be decided. This will be a grand event to be hosted by Fit India Icon.

More details of Fit India Quiz are attached as Annexure.

II It is, therefore, requested that the Principal Secretary/Secretary in charge of the School Education Department of all State/UT Governments may kindly give necessary publicity and share this information with all schools in the state so that maximum students from the State/UTs participate in this unique programme. It is with the support and active participation of all states/UTs that the Fit India Quiz can become a grand success.

III This issues with the approval of the Secretary (Sports), Ministry of Youth Affairs and Sports.



(Ekta Vishnoi)

Mission Director (Fit India)

Encl.: As above

To:

Principal Secretary/Secretary in charge of School Education Department of States/UTs

Copy to:

1. Joint Secretary, D/o School Education and Literacy, Ministry of Education, Government of India
2. Principal Secretary/Secretary in charge of Sports Department of States/UTs
3. The Chairperson, Central Board of Secondary Education
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5. The Commissioner, Navodaya Vidyalaya Samiti
6. The Chairperson, Council for the Indian School Certificate Examinations (CISCE)
7. Director in charge of State School Education Boards of States/UTs

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